



Rockaway Beach (inside), NY - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:13	5.1	9:14	6.1	3:21	0.3	3:18	0.7	5:28	8:30	☀
2	Tue	9:53	5.1	9:50	6.0	4:03	0.2	4:00	0.7	5:28	8:29	☀
3	Wed	10:33	5.1	10:28	6.0	4:42	0.2	4:41	0.7	5:29	8:29	☀
4	Thu	11:13	5.2	11:08	5.9	5:20	0.2	5:21	0.8	5:30	8:29	☀
5	Fri	11:57	5.3	11:55	5.7	5:57	0.2	6:05	0.8	5:30	8:29	☀
6	Sat			12:45	5.5	6:36	0.3	6:53	0.8	5:31	8:29	☀
7	Sun	12:47	5.6	1:37	5.7	7:19	0.4	7:51	0.9	5:31	8:28	☀
8	Mon	1:45	5.4	2:31	5.9	8:12	0.4	8:59	0.8	5:32	8:28	☀
9	Tue	2:46	5.3	3:28	6.1	9:14	0.5	10:09	0.7	5:33	8:27	☀
10	Wed	3:48	5.2	4:28	6.3	10:20	0.4	11:14	0.4	5:33	8:27	☀
11	Thu	4:53	5.2	5:29	6.5	11:23	0.2			5:34	8:27	☀
12	Fri	5:58	5.4	6:30	6.7	12:15	0.1	12:23	0.0	5:35	8:26	☀
13	Sat	7:00	5.6	7:28	6.9	1:13	-0.1	1:20	-0.1	5:36	8:26	☀
14	Sun	7:58	5.8	8:21	7.0	2:07	-0.4	2:15	-0.2	5:36	8:25	☀
15	Mon	8:51	6.0	9:12	7.0	3:00	-0.6	3:08	-0.2	5:37	8:25	☀
16	Tue	9:42	6.1	10:00	6.8	3:49	-0.7	3:59	-0.2	5:38	8:24	☀
17	Wed	10:31	6.1	10:48	6.5	4:36	-0.6	4:47	0.0	5:39	8:23	☀
18	Thu	11:19	6.0	11:35	6.2	5:20	-0.5	5:34	0.2	5:40	8:23	☀
19	Fri			12:07	5.9	6:02	-0.3	6:20	0.5	5:40	8:22	☀
20	Sat	12:23	5.8	12:55	5.8	6:43	0.1	7:07	0.8	5:41	8:21	☀
21	Sun	1:12	5.4	1:43	5.7	7:26	0.4	7:58	1.1	5:42	8:20	☀
22	Mon	2:02	5.1	2:30	5.6	8:12	0.7	8:55	1.2	5:43	8:20	☀
23	Tue	2:52	4.8	3:18	5.5	9:04	0.9	9:54	1.3	5:44	8:19	☀
24	Wed	3:44	4.7	4:08	5.5	9:59	1.0	10:52	1.2	5:45	8:18	☀
25	Thu	4:39	4.6	5:00	5.5	10:54	0.9	11:46	1.0	5:46	8:17	☀
26	Fri	5:34	4.7	5:52	5.6	11:46	0.9			5:47	8:16	☀
27	Sat	6:29	4.8	6:42	5.8	12:36	0.8	12:35	0.8	5:47	8:15	☀
28	Sun	7:19	5.0	7:28	6.0	1:24	0.6	1:23	0.7	5:48	8:14	☀
29	Mon	8:05	5.2	8:10	6.1	2:10	0.4	2:09	0.6	5:49	8:13	☀
30	Tue	8:47	5.3	8:50	6.2	2:54	0.2	2:54	0.5	5:50	8:12	☀
31	Wed	9:26	5.5	9:28	6.2	3:35	0.1	3:38	0.4	5:51	8:11	☀