US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:06	5.6	10:08	6.2	4:15	0.0	4:21	0.4	5:52	8:10	
2	Fri	10:46	5.8	10:50	6.0	4:53	0.0	5:04	0.4	5:53	8:09	
3	Sat	11:30	5.9	11:37	5.8	5:31	0.1	5:49	0.5	5:54	8:08	
4	Sun			12:19	6.0	6:10	0.2	6:38	0.6	5:55	8:07	
5	Mon	12:30	5.6	1:12	6.1	6:54	0.3	7:35	0.7	5:56	8:06	
6	Tue	1:29	5.4	2:09	6.1	7:48	0.5	8:41	0.8	5:57	8:04	
7	Wed	2:30	5.2	3:09	6.2	8:53	0.6	9:52	0.8	5:58	8:03	
8	Thu	3:34	5.2	4:10	6.2	10:03	0.6	10:59	0.6	5:59	8:02	
9	Fri	4:39	5.2	5:13	6.4	11:08	0.4			6:00	8:01	
10	Sat	5:43	5.4	6:14	6.6	12:00	0.3	12:09	0.2	6:01	7:59	
11	Sun	6:45	5.7	7:11	6.7	12:56	0.0	1:05	0.0	6:02	7:58	
12	Mon	7:41	6.0	8:03	6.8	1:48	-0.3	1:58	-0.1	6:03	7:57	
13	Tue	8:31	6.2	8:51	6.8	2:37	-0.5	2:49	-0.1	6:04	7:56	
14	Wed	9:18	6.3	9:36	6.7	3:23	-0.6	3:37	-0.1	6:05	7:54	
15	Thu	10:03	6.3	10:20	6.4	4:06	-0.5	4:22	0.1	6:06	7:53	
16	Fri	10:46	6.2	11:04	6.0	4:47	-0.3	5:06	0.3	6:07	7:51	
17	Sat	11:30	6.1	11:49	5.6	5:26	0.0	5:48	0.5	6:08	7:50	
18	Sun			12:14	5.8	6:04	0.3	6:32	0.8	6:09	7:49	
19	Mon	12:36	5.2	1:00	5.6	6:44	0.6	7:18	1.1	6:10	7:47	
20	Tue	1:25	4.9	1:47	5.5	7:27	0.9	8:11	1.4	6:11	7:46	
21	Wed	2:16	4.7	2:37	5.3	8:18	1.1	9:12	1.5	6:12	7:44	
22	Thu	3:09	4.6	3:28	5.3	9:17	1.3	10:16	1.4	6:13	7:43	
23	Fri	4:04	4.6	4:22	5.3	10:18	1.3	11:14	1.2	6:13	7:41	
24	Sat	5:01	4.7	5:16	5.5	11:15	1.1			6:14	7:40	
25	Sun	5:57	4.9	6:08	5.7	12:06	0.9	12:07	0.9	6:15	7:38	
26	Mon	6:48	5.1	6:57	6.0	12:54	0.6	12:56	0.7	6:16	7:37	
27	Tue	7:34	5.5	7:42	6.2	1:39	0.3	1:43	0.5	6:17	7:35	
28	Wed	8:17	5.8	8:24	6.4	2:22	0.1	2:29	0.3	6:18	7:34	
29	Thu	8:57	6.1	9:06	6.4	3:04	-0.1	3:15	0.1	6:19	7:32	
30	Fri	9:38	6.3	9:48	6.3	3:44	-0.1	4:01	0.0	6:20	7:30	
31	Sat	10:19	6.4	10:32	6.1	4:25	-0.1	4:47	0.1	6:21	7:29	