US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Oct 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:35	6.6			5:29	0.0	6:11	0.2	6:52	6:37	
2	Wed	12:02	5.6	12:33	6.4	6:20	0.3	7:08	0.4	6:53	6:36	
3	Thu	1:04	5.4	1:35	6.1	7:19	0.6	8:12	0.6	6:54	6:34	
4	Fri	2:08	5.2	2:38	6.0	8:26	0.8	9:20	0.7	6:55	6:32	
5	Sat	3:11	5.3	3:39	5.9	9:36	0.8	10:25	0.5	6:56	6:31	
6	Sun	4:13	5.4	4:39	5.9	10:42	0.7	11:22	0.3	6:57	6:29	
7	Mon	5:12	5.6	5:37	6.0	11:40	0.5			6:58	6:27	
8	Tue	6:07	5.9	6:30	6.1	12:12	0.0	12:32	0.3	6:59	6:26	
9	Wed	6:57	6.2	7:19	6.1	12:57	-0.2	1:20	0.1	7:00	6:24	
10	Thu	7:42	6.4	8:04	6.1	1:40	-0.2	2:05	0.0	7:01	6:23	
11	Fri	8:23	6.5	8:45	6.0	2:21	-0.2	2:48	0.0	7:02	6:21	
12	Sat	9:02	6.5	9:25	5.8	3:01	-0.1	3:30	0.1	7:03	6:19	
13	Sun	9:40	6.3	10:05	5.6	3:39	0.1	4:10	0.3	7:04	6:18	
14	Mon	10:16	6.1	10:44	5.2	4:17	0.3	4:49	0.5	7:05	6:16	
15	Tue	10:53	5.8	11:25	4.9	4:54	0.6	5:28	0.8	7:06	6:15	
16	Wed	11:31	5.5			5:30	0.9	6:08	1.0	7:07	6:13	
17	Thu	12:11	4.7	12:14	5.3	6:09	1.1	6:53	1.2	7:08	6:12	
18	Fri	1:02	4.5	1:04	5.1	6:52	1.4	7:48	1.4	7:09	6:10	
19	Sat	1:57	4.4	2:00	5.1	7:48	1.5	8:52	1.4	7:10	6:09	
20	Sun	2:54	4.5	2:57	5.1	8:57	1.5	9:55	1.2	7:12	6:07	
21	Mon	3:49	4.7	3:56	5.3	10:05	1.3	10:51	0.9	7:13	6:06	
22	Tue	4:43	5.1	4:53	5.4	11:06	1.0	11:41	0.5	7:14	6:05	
23	Wed	5:36	5.5	5:50	5.7			12:00	0.5	7:15	6:03	
24	Thu	6:26	6.0	6:43	5.9	12:28	0.1	12:52	0.1	7:16	6:02	
25	Fri	7:14	6.5	7:34	6.1	1:14	-0.1	1:42	-0.3	7:17	6:00	
26	Sat	8:01	6.9	8:23	6.2	2:00	-0.4	2:33	-0.5	7:18	5:59	
27	Sun	8:48	7.1	9:11	6.2	2:47	-0.5	3:23	-0.6	7:19	5:58	
28	Mon	9:36	7.1	10:00	6.1	3:34	-0.5	4:14	-0.6	7:21	5:57	
29	Tue	10:25	7.0	10:52	5.8	4:23	-0.4	5:05	-0.4	7:22	5:55	
30	Wed	11:19	6.7	11:49	5.6	5:13	-0.2	5:57	-0.2	7:23	5:54	
31	Thu			12:17	6.3	6:06	0.1	6:53	0.1	7:24	5:53	