
































## Rockaway Beach (inside), NY - Nov 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:50	5.4	1:17	6.0	7:04	0.4	7:52	0.3	7:25	5:52	
2	Sat	1:53	5.3	2:18	5.8	8:08	0.7	8:55	0.4	7:26	5:50	
3	Sun	1:53	5.3	2:17	5.6	8:16	0.8	8:57	0.3	6:27	4:49	
4	Mon	2:52	5.4	3:15	5.5	9:21	0.7	9:53	0.2	6:29	4:48	
5	Tue	3:48	5.6	4:11	5.5	10:19	0.5	10:42	0.0	6:30	4:47	
6	Wed	4:40	5.8	5:04	5.5	11:11	0.3	11:27	-0.1	6:31	4:46	
7	Thu	5:29	6.0	5:53	5.6	11:57	0.2			6:32	4:45	
8	Fri	6:14	6.2	6:39	5.6	12:09	-0.1	12:42	0.0	6:33	4:44	
9	Sat	6:56	6.3	7:21	5.5	12:50	-0.1	1:24	0.0	6:35	4:43	
10	Sun	7:35	6.2	8:01	5.4	1:30	0.0	2:06	0.0	6:36	4:42	
11	Mon	8:12	6.1	8:40	5.3	2:10	0.1	2:46	0.2	6:37	4:41	
12	Tue	8:48	5.9	9:19	5.0	2:49	0.3	3:26	0.3	6:38	4:40	
13	Wed	9:22	5.7	9:58	4.8	3:27	0.5	4:05	0.5	6:39	4:39	
14	Thu	9:57	5.5	10:40	4.6	4:03	0.7	4:43	0.7	6:40	4:38	
15	Fri	10:35	5.3	11:27	4.4	4:40	0.9	5:24	0.8	6:42	4:37	
16	Sat	11:20	5.1			5:20	1.1	6:09	0.9	6:43	4:36	
17	Sun	12:19	4.4	12:15	5.0	6:08	1.3	7:04	1.0	6:44	4:36	
18	Mon	1:14	4.5	1:14	5.0	7:13	1.3	8:05	0.9	6:45	4:35	
19	Tue	2:08	4.8	2:15	5.0	8:25	1.1	9:06	0.7	6:46	4:34	
20	Wed	3:03	5.1	3:16	5.1	9:32	0.8	10:01	0.4	6:47	4:34	
21	Thu	3:58	5.6	4:16	5.3	10:32	0.4	10:53	0.1	6:48	4:33	
22	Fri	4:53	6.1	5:15	5.5	11:28	-0.1	11:43	-0.3	6:50	4:32	
23	Sat	5:47	6.5	6:11	5.7			12:21	-0.5	6:51	4:32	
24	Sun	6:39	6.9	7:04	5.9	12:34	-0.5	1:14	-0.7	6:52	4:31	
25	Mon	7:29	7.1	7:55	6.0	1:24	-0.7	2:07	-0.9	6:53	4:31	
26	Tue	8:19	7.1	8:46	5.9	2:16	-0.8	2:58	-0.9	6:54	4:30	
27	Wed	9:10	6.9	9:39	5.8	3:07	-0.7	3:50	-0.8	6:55	4:30	
28	Thu	10:03	6.6	10:34	5.6	3:59	-0.5	4:41	-0.6	6:56	4:29	
29	Fri	10:58	6.3	11:32	5.5	4:51	-0.2	5:32	-0.4	6:57	4:29	
30	Sat	11:55	5.9			5:45	0.1	6:26	-0.1	6:58	4:29	