US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Dec 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:30	5.3	12:52	5.5	6:44	0.4	7:22	0.1	6:59	4:29	
2	Mon	1:27	5.3	1:49	5.3	7:47	0.6	8:20	0.2	7:00	4:28	
3	Tue	2:22	5.3	2:44	5.1	8:52	0.7	9:15	0.2	7:01	4:28	
4	Wed	3:16	5.4	3:40	5.0	9:51	0.6	10:07	0.2	7:02	4:28	
5	Thu	4:08	5.5	4:34	4.9	10:44	0.4	10:54	0.1	7:03	4:28	
6	Fri	4:58	5.7	5:26	5.0	11:32	0.2	11:38	0.0	7:04	4:28	
7	Sat	5:45	5.8	6:14	5.0			12:18	0.1	7:05	4:28	
8	Sun	6:29	5.9	6:58	5.1	12:22	0.0	1:01	0.0	7:06	4:28	
9	Mon	7:11	5.9	7:40	5.1	1:04	0.0	1:44	0.0	7:07	4:28	
10	Tue	7:49	5.8	8:19	5.0	1:46	0.0	2:25	0.0	7:08	4:28	
11	Wed	8:25	5.7	8:57	4.9	2:26	0.1	3:05	0.0	7:08	4:28	
12	Thu	8:59	5.6	9:35	4.8	3:05	0.3	3:44	0.1	7:09	4:28	
13	Fri	9:32	5.5	10:14	4.6	3:42	0.4	4:21	0.2	7:10	4:28	
14	Sat	10:07	5.3	10:55	4.6	4:18	0.6	4:57	0.3	7:11	4:28	
15	Sun	10:48	5.2	11:42	4.6	4:56	0.7	5:35	0.4	7:11	4:29	
16	Mon	11:38	5.0			5:39	0.8	6:18	0.5	7:12	4:29	
17	Tue	12:33	4.7	12:36	4.9	6:35	0.9	7:12	0.6	7:13	4:29	
18	Wed	1:27	4.9	1:38	4.8	7:46	0.8	8:16	0.5	7:13	4:30	
19	Thu	2:24	5.2	2:42	4.8	8:59	0.6	9:21	0.3	7:14	4:30	
20	Fri	3:23	5.6	3:47	4.9	10:06	0.3	10:21	0.0	7:14	4:31	
21	Sat	4:23	5.9	4:50	5.1	11:06	-0.1	11:18	-0.3	7:15	4:31	
22	Sun	5:23	6.3	5:51	5.4			12:03	-0.5	7:15	4:32	
23	Mon	6:20	6.6	6:47	5.6	12:13	-0.6	12:58	-0.8	7:16	4:32	
24	Tue	7:13	6.9	7:40	5.8	1:07	-0.8	1:51	-1.0	7:16	4:33	
25	Wed	8:05	6.9	8:32	5.9	2:00	-0.9	2:43	-1.1	7:17	4:33	
26	Thu	8:55	6.8	9:23	5.9	2:52	-0.9	3:32	-1.1	7:17	4:34	
27	Fri	9:45	6.5	10:15	5.8	3:42	-0.8	4:20	-1.0	7:17	4:35	
28	Sat	10:36	6.2	11:08	5.6	4:32	-0.5	5:07	-0.8	7:18	4:35	
29	Sun	11:28	5.7			5:22	-0.2	5:54	-0.5	7:18	4:36	
30	Mon	12:01	5.4	12:22	5.3	6:15	0.2	6:43	-0.1	7:18	4:37	
31	Tue	12:54	5.3	1:16	5.0	7:12	0.5	7:36	0.1	7:18	4:38	