US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:46	5.2	2:10	4.7	8:12	0.7	8:32	0.3	7:18	4:38	
2	Thu	2:38	5.2	3:04	4.6	9:14	0.7	9:27	0.4	7:18	4:39	
3	Fri	3:30	5.1	4:00	4.5	10:11	0.6	10:19	0.3	7:18	4:40	
4	Sat	4:23	5.2	4:55	4.6	11:03	0.4	11:08	0.2	7:18	4:41	
5	Sun	5:15	5.3	5:47	4.7	11:51	0.3	11:55	0.1	7:18	4:42	
6	Mon	6:03	5.4	6:34	4.8			12:37	0.1	7:18	4:43	
7	Tue	6:47	5.5	7:18	4.9	12:40	0.0	1:21	-0.1	7:18	4:44	
8	Wed	7:27	5.6	7:58	5.0	1:23	0.0	2:03	-0.2	7:18	4:45	
9	Thu	8:04	5.6	8:36	5.0	2:05	0.0	2:43	-0.2	7:18	4:46	
10	Fri	8:38	5.6	9:12	5.0	2:45	0.0	3:21	-0.2	7:18	4:47	
11	Sat	9:12	5.5	9:48	4.9	3:24	0.1	3:58	-0.1	7:18	4:48	
12	Sun	9:47	5.4	10:27	4.9	4:01	0.2	4:32	0.0	7:17	4:49	
13	Mon	10:27	5.3	11:10	5.0	4:39	0.3	5:07	0.1	7:17	4:50	
14	Tue	11:15	5.1	11:59	5.1	5:21	0.4	5:45	0.2	7:17	4:51	
15	Wed			12:11	4.9	6:12	0.5	6:33	0.3	7:16	4:52	
16	Thu	12:55	5.2	1:13	4.7	7:18	0.5	7:38	0.4	7:16	4:53	
17	Fri	1:54	5.3	2:18	4.7	8:33	0.5	8:51	0.3	7:15	4:54	
18	Sat	2:57	5.5	3:25	4.8	9:45	0.2	9:59	0.1	7:15	4:56	
19	Sun	4:01	5.8	4:32	5.0	10:48	-0.1	11:01	-0.3	7:14	4:57	
20	Mon	5:04	6.1	5:35	5.3	11:47	-0.5	11:58	-0.6	7:14	4:58	
21	Tue	6:04	6.4	6:33	5.6			12:42	-0.9	7:13	4:59	
22	Wed	6:59	6.7	7:26	5.9	12:53	-0.9	1:34	-1.1	7:12	5:00	
23	Thu	7:49	6.8	8:16	6.1	1:46	-1.0	2:23	-1.3	7:12	5:01	
24	Fri	8:37	6.7	9:04	6.1	2:36	-1.1	3:10	-1.3	7:11	5:03	
25	Sat	9:25	6.5	9:51	6.0	3:24	-0.9	3:55	-1.2	7:10	5:04	
26	Sun	10:12	6.1	10:38	5.9	4:11	-0.7	4:38	-0.9	7:10	5:05	
27	Mon	11:00	5.7	11:26	5.6	4:57	-0.4	5:20	-0.5	7:09	5:06	
28	Tue	11:49	5.2			5:43	0.0	6:03	-0.1	7:08	5:07	
29	Wed	12:15	5.4	12:41	4.8	6:33	0.4	6:51	0.3	7:07	5:09	
30	Thu	1:05	5.1	1:33	4.5	7:29	0.7	7:44	0.5	7:06	5:10	
31	Fri	1:56	5.0	2:28	4.3	8:31	0.9	8:43	0.7	7:05	5:11	