

































Rockaway Beach (inside), NY - Mar 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:13	4.9	1:51	4.3	7:45	1.0	7:57	1.0	6:28	5:46	
2	Sun	2:07	4.8	2:47	4.3	8:51	1.1	9:01	1.1	6:27	5:47	
3	Mon	3:03	4.7	3:46	4.4	9:53	1.0	10:02	0.9	6:25	5:48	
4	Tue	4:00	4.8	4:43	4.6	10:48	0.7	10:57	0.7	6:24	5:49	
5	Wed	4:56	5.0	5:35	4.8	11:37	0.4	11:46	0.5	6:22	5:50	
6	Thu	5:47	5.2	6:22	5.2			12:23	0.1	6:21	5:51	
7	Fri	6:32	5.5	7:04	5.5	12:33	0.2	1:06	-0.1	6:19	5:53	
8	Sat	7:14	5.7	7:43	5.8	1:18	0.0	1:47	-0.2	6:17	5:54	
9	Sun	8:54	5.8	9:20	6.0	3:02	-0.2	3:26	-0.3	7:16	6:55	
10	Mon	9:33	5.8	9:58	6.1	3:45	-0.4	4:05	-0.3	7:14	6:56	
11	Tue	10:14	5.8	10:38	6.2	4:28	-0.4	4:43	-0.3	7:13	6:57	
12	Wed	10:58	5.6	11:23	6.1	5:11	-0.4	5:23	-0.1	7:11	6:58	
13	Thu	11:47	5.4			5:56	-0.2	6:05	0.1	7:09	6:59	
14	Fri	12:14	6.0	12:43	5.2	6:47	0.0	6:55	0.3	7:08	7:00	
15	Sat	1:11	5.9	1:44	5.0	7:46	0.3	7:58	0.5	7:06	7:01	
16	Sun	2:13	5.7	2:48	5.0	8:55	0.4	9:11	0.6	7:04	7:02	
17	Mon	3:17	5.7	3:53	5.1	10:05	0.4	10:24	0.5	7:03	7:03	
18	Tue	4:22	5.7	4:57	5.3	11:10	0.1	11:29	0.2	7:01	7:04	
19	Wed	5:26	5.8	5:59	5.6			12:07	-0.2	7:00	7:06	
20	Thu	6:26	6.0	6:55	6.0	12:27	-0.1	12:58	-0.5	6:58	7:07	
21	Fri	7:20	6.2	7:46	6.3	1:20	-0.3	1:47	-0.7	6:56	7:08	
22	Sat	8:09	6.2	8:32	6.5	2:10	-0.5	2:32	-0.7	6:55	7:09	
23	Sun	8:55	6.2	9:14	6.6	2:57	-0.6	3:15	-0.7	6:53	7:10	
24	Mon	9:38	6.1	9:55	6.5	3:42	-0.5	3:56	-0.5	6:51	7:11	
25	Tue	10:21	5.8	10:35	6.2	4:24	-0.4	4:35	-0.2	6:50	7:12	
26	Wed	11:03	5.5	11:15	5.9	5:05	-0.2	5:14	0.1	6:48	7:13	
27	Thu	11:47	5.1	11:57	5.6	5:45	0.2	5:52	0.4	6:46	7:14	
28	Fri			12:34	4.8	6:25	0.5	6:31	0.7	6:45	7:15	
29	Sat	12:42	5.3	1:24	4.6	7:10	0.8	7:17	1.1	6:43	7:16	
30	Sun	1:30	5.0	2:16	4.5	8:03	1.1	8:12	1.3	6:41	7:17	
31	Mon	2:23	4.9	3:11	4.4	9:05	1.2	9:18	1.4	6:40	7:18	