US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**5:15**	5.2	**5:49**	6.5	**11:44**	0.3			5:28	8:30	
2	Wed	**6:18**	5.4	**6:49**	6.8	**12:35**	0.1	**12:41**	0.0	5:28	8:29	
3	Thu	**7:18**	5.6	**7:45**	7.1	**1:31**	-0.3	**1:38**	-0.2	5:29	8:29	
4	Fri	**8:15**	5.9	**8:39**	7.2	**2:26**	-0.5	**2:33**	-0.4	5:29	8:29	
5	Sat	**9:09**	6.1	**9:30**	7.2	**3:20**	-0.8	**3:28**	-0.4	5:30	8:29	
6	Sun	**10:01**	6.3	**10:21**	7.1	**4:11**	-0.9	**4:21**	-0.4	5:31	8:29	
7	Mon	**10:54**	6.3	**11:13**	6.8	**5:00**	-0.9	**5:13**	-0.3	5:31	8:28	
8	Tue	**11:47**	6.3			**5:47**	-0.8	**6:04**	0.0	5:32	8:28	
9	Wed	**12:06**	6.4	**12:41**	6.2	**6:34**	-0.5	**6:56**	0.3	5:33	8:28	
10	Thu	**12:59**	6.0	**1:33**	6.1	**7:22**	-0.2	**7:50**	0.6	5:33	8:27	
11	Fri	**1:52**	5.7	**2:24**	6.0	**8:12**	0.1	**8:49**	0.8	5:34	8:27	
12	Sat	**2:45**	5.3	**3:15**	5.9	**9:05**	0.4	**9:49**	0.9	5:35	8:26	
13	Sun	**3:38**	5.1	**4:06**	5.8	**9:59**	0.5	**10:48**	0.9	5:35	8:26	
14	Mon	**4:33**	5.0	**4:57**	5.8	**10:52**	0.6	**11:41**	0.8	5:36	8:25	
15	Tue	**5:28**	4.9	**5:50**	5.8	**11:42**	0.6			5:37	8:25	
16	Wed	**6:22**	4.9	**6:40**	5.9	**12:31**	0.7	**12:31**	0.6	5:38	8:24	
17	Thu	**7:14**	5.1	**7:27**	6.0	**1:19**	0.6	**1:18**	0.6	5:39	8:23	
18	Fri	**8:01**	5.2	**8:10**	6.0	**2:04**	0.4	**2:04**	0.6	5:39	8:23	
19	Sat	**8:44**	5.3	**8:50**	6.0	**2:48**	0.3	**2:48**	0.6	5:40	8:22	
20	Sun	**9:25**	5.3	**9:26**	5.9	**3:30**	0.3	**3:31**	0.6	5:41	8:21	
21	Mon	**10:03**	5.3	**10:01**	5.9	**4:09**	0.2	**4:11**	0.7	5:42	8:21	
22	Tue	**10:41**	5.3	**10:35**	5.7	**4:46**	0.3	**4:50**	0.8	5:43	8:20	
23	Wed	**11:18**	5.3	**11:12**	5.6	**5:21**	0.3	**5:29**	0.9	5:44	8:19	
24	Thu	**11:57**	5.4	**11:54**	5.4	**5:55**	0.4	**6:08**	0.9	5:45	8:18	
25	Fri			**12:41**	5.5	**6:29**	0.5	**6:53**	1.0	5:45	8:17	
26	Sat	**12:45**	5.3	**1:31**	5.6	**7:08**	0.6	**7:49**	1.0	5:46	8:16	
27	Sun	**1:42**	5.1	**2:25**	5.8	**8:00**	0.7	**8:58**	1.0	5:47	8:15	
28	Mon	**2:44**	5.1	**3:23**	6.0	**9:07**	0.7	**10:09**	0.8	5:48	8:15	
29	Tue	**3:48**	5.1	**4:25**	6.2	**10:17**	0.6	**11:15**	0.5	5:49	8:14	
30	Wed	**4:53**	5.2	**5:28**	6.5	**11:22**	0.4			5:50	8:13	
31	Thu	**5:59**	5.4	**6:29**	6.8	**12:16**	0.2	**12:23**	0.1	5:51	8:11	