

































Rockaway Beach (inside), NY - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:00	5.8	7:27	7.0	1:12	-0.2	1:20	-0.2	5:52	8:10	
2	Sat	7:57	6.1	8:21	7.2	2:06	-0.5	2:16	-0.4	5:53	8:09	
3	Sun	8:50	6.4	9:11	7.2	2:58	-0.8	3:10	-0.5	5:54	8:08	
4	Mon	9:41	6.6	10:01	7.0	3:47	-0.9	4:02	-0.4	5:55	8:07	
5	Tue	10:30	6.6	10:49	6.7	4:34	-0.9	4:52	-0.3	5:56	8:06	
6	Wed	11:19	6.5	11:39	6.3	5:19	-0.7	5:40	0.0	5:57	8:05	
7	Thu			12:09	6.3	6:03	-0.4	6:28	0.3	5:58	8:04	
8	Fri	12:30	5.9	12:59	6.1	6:48	0.0	7:19	0.7	5:59	8:02	
9	Sat	1:22	5.5	1:50	5.9	7:34	0.4	8:14	1.0	6:00	8:01	
10	Sun	2:15	5.2	2:40	5.7	8:25	0.7	9:14	1.2	6:01	8:00	
11	Mon	3:08	4.9	3:32	5.6	9:21	0.9	10:15	1.2	6:02	7:59	
12	Tue	4:03	4.8	4:25	5.6	10:18	1.0	11:11	1.1	6:02	7:57	
13	Wed	4:58	4.8	5:19	5.6	11:13	0.9			6:03	7:56	
14	Thu	5:54	4.9	6:11	5.7	12:03	0.9	12:04	0.8	6:04	7:55	
15	Fri	6:46	5.1	6:59	5.8	12:51	0.7	12:52	0.7	6:05	7:53	
16	Sat	7:34	5.3	7:43	5.9	1:36	0.5	1:38	0.6	6:06	7:52	
17	Sun	8:17	5.5	8:23	6.0	2:19	0.3	2:23	0.5	6:07	7:50	
18	Mon	8:56	5.6	9:00	6.0	2:59	0.2	3:06	0.5	6:08	7:49	
19	Tue	9:33	5.7	9:35	6.0	3:38	0.2	3:47	0.5	6:09	7:48	
20	Wed	10:08	5.7	10:11	5.9	4:15	0.2	4:27	0.5	6:10	7:46	
21	Thu	10:44	5.8	10:49	5.7	4:50	0.3	5:07	0.6	6:11	7:45	
22	Fri	11:24	5.8	11:32	5.5	5:25	0.4	5:48	0.7	6:12	7:43	
23	Sat			12:09	5.9	6:00	0.5	6:34	0.8	6:13	7:42	
24	Sun	12:24	5.3	1:02	5.9	6:41	0.7	7:30	0.9	6:14	7:40	
25	Mon	1:23	5.1	2:01	5.9	7:35	0.8	8:38	1.0	6:15	7:39	
26	Tue	2:27	5.1	3:03	6.0	8:46	0.8	9:51	0.9	6:16	7:37	
27	Wed	3:32	5.1	4:07	6.2	10:00	0.7	10:58	0.6	6:17	7:35	
28	Thu	4:38	5.3	5:10	6.4	11:08	0.5	11:58	0.2	6:18	7:34	
29	Fri	5:43	5.6	6:12	6.7			12:09	0.1	6:19	7:32	
30	Sat	6:43	6.0	7:09	6.9	12:52	-0.2	1:05	-0.1	6:20	7:31	
31	Sun	7:38	6.4	8:01	7.0	1:44	-0.5	1:59	-0.3	6:21	7:29	