



Rockaway Beach (inside), NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:36	6.5	8:02	5.6	1:34	-0.5	2:15	-0.9	7:18	4:39	☀
2	Sun	8:22	6.6	8:49	5.7	2:22	-0.7	3:03	-1.0	7:18	4:40	☀
3	Mon	9:09	6.6	9:37	5.8	3:10	-0.7	3:49	-1.0	7:18	4:41	☀
4	Tue	9:59	6.4	10:29	5.7	3:59	-0.7	4:36	-0.9	7:18	4:41	☀
5	Wed	10:51	6.1	11:24	5.7	4:49	-0.5	5:24	-0.8	7:18	4:42	☀
6	Thu	11:47	5.8			5:43	-0.3	6:15	-0.5	7:18	4:43	☀
7	Fri	12:21	5.6	12:45	5.5	6:41	0.0	7:11	-0.3	7:18	4:44	☀
8	Sat	1:18	5.6	1:44	5.2	7:47	0.2	8:12	-0.2	7:18	4:45	☀
9	Sun	2:16	5.6	2:44	5.0	8:54	0.3	9:14	-0.1	7:18	4:46	☀
10	Mon	3:14	5.6	3:44	5.0	9:58	0.2	10:12	-0.1	7:18	4:47	☀
11	Tue	4:12	5.6	4:44	5.0	10:57	0.0	11:06	-0.2	7:17	4:48	☀
12	Wed	5:09	5.7	5:41	5.1	11:49	-0.2	11:56	-0.3	7:17	4:49	☀
13	Thu	6:01	5.8	6:32	5.2			12:38	-0.3	7:17	4:51	☀
14	Fri	6:50	5.9	7:19	5.3	12:44	-0.4	1:25	-0.4	7:16	4:52	☀
15	Sat	7:34	6.0	8:03	5.4	1:29	-0.4	2:08	-0.5	7:16	4:53	☀
16	Sun	8:15	5.9	8:44	5.3	2:12	-0.3	2:49	-0.4	7:15	4:54	☀
17	Mon	8:54	5.7	9:24	5.2	2:54	-0.2	3:28	-0.3	7:15	4:55	☀
18	Tue	9:31	5.5	10:04	5.1	3:34	-0.1	4:05	-0.2	7:14	4:56	☀
19	Wed	10:08	5.2	10:44	4.9	4:12	0.1	4:40	0.0	7:14	4:57	☀
20	Thu	10:46	5.0	11:25	4.8	4:50	0.3	5:15	0.2	7:13	4:58	☀
21	Fri	11:27	4.7			5:30	0.6	5:51	0.4	7:13	5:00	☀
22	Sat	12:08	4.7	12:12	4.5	6:13	0.8	6:33	0.6	7:12	5:01	☀
23	Sun	12:54	4.7	1:04	4.4	7:08	0.9	7:26	0.8	7:11	5:02	☀
24	Mon	1:44	4.7	2:02	4.3	8:14	0.9	8:32	0.8	7:11	5:03	☀
25	Tue	2:38	4.9	3:02	4.3	9:22	0.8	9:37	0.6	7:10	5:04	☀
26	Wed	3:36	5.1	4:05	4.5	10:24	0.4	10:36	0.4	7:09	5:06	☀
27	Thu	4:35	5.4	5:05	4.8	11:21	0.0	11:30	0.0	7:08	5:07	☀
28	Fri	5:33	5.8	6:02	5.2			12:14	-0.4	7:07	5:08	☀
29	Sat	6:27	6.2	6:54	5.6	12:23	-0.4	1:05	-0.7	7:07	5:09	☀
30	Sun	7:17	6.6	7:43	5.9	1:15	-0.7	1:54	-1.1	7:06	5:11	☀
31	Mon	8:06	6.7	8:32	6.2	2:06	-1.0	2:42	-1.2	7:05	5:12	☀