



Rockaway Beach (inside), NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:47	6.8	8:12	6.7	1:48	-1.0	2:18	-1.3	6:28	5:46	☀
2	Wed	8:36	6.8	9:00	6.8	2:39	-1.2	3:05	-1.3	6:26	5:48	☀
3	Thu	9:25	6.6	9:49	6.8	3:29	-1.1	3:52	-1.2	6:24	5:49	☀
4	Fri	10:16	6.3	10:39	6.5	4:18	-0.9	4:38	-0.9	6:23	5:50	☀
5	Sat	11:08	5.9	11:31	6.2	5:08	-0.6	5:25	-0.5	6:21	5:51	☀
6	Sun			12:03	5.5	5:59	-0.2	6:16	-0.1	6:20	5:52	☀
7	Mon	12:25	5.8	1:00	5.2	6:56	0.2	7:12	0.3	6:18	5:53	☀
8	Tue	1:21	5.5	1:58	4.9	7:59	0.5	8:14	0.6	6:17	5:54	☀
9	Wed	2:18	5.3	2:57	4.8	9:05	0.6	9:18	0.7	6:15	5:55	☀
10	Thu	3:17	5.2	3:56	4.9	10:06	0.6	10:16	0.6	6:13	5:56	☀
11	Fri	4:15	5.2	4:53	5.0	10:59	0.4	11:09	0.4	6:12	5:57	☀
12	Sat	5:11	5.3	5:45	5.3	11:47	0.2	11:57	0.3	6:10	5:59	☀
13	Sun	7:01	5.4	7:32	5.5			1:30	0.1	7:09	7:00	☀
14	Mon	7:46	5.5	8:14	5.7	1:43	0.1	2:12	-0.1	7:07	7:01	☀
15	Tue	8:27	5.6	8:53	5.8	2:26	0.0	2:51	-0.1	7:05	7:02	☀
16	Wed	9:04	5.6	9:29	5.8	3:08	-0.1	3:29	-0.1	7:04	7:03	☀
17	Thu	9:40	5.5	10:02	5.8	3:47	-0.1	4:05	0.0	7:02	7:04	☀
18	Fri	10:14	5.4	10:35	5.7	4:25	0.0	4:39	0.2	7:00	7:05	☀
19	Sat	10:48	5.2	11:07	5.6	5:01	0.1	5:11	0.4	6:59	7:06	☀
20	Sun	11:24	5.0	11:42	5.5	5:37	0.3	5:41	0.6	6:57	7:07	☀
21	Mon			12:06	4.8	6:15	0.5	6:13	0.7	6:55	7:08	☀
22	Tue	12:25	5.4	12:58	4.7	6:59	0.6	6:54	0.9	6:54	7:09	☀
23	Wed	1:20	5.4	1:58	4.7	7:57	0.8	7:58	1.0	6:52	7:10	☀
24	Thu	2:22	5.4	3:01	4.7	9:10	0.8	9:22	1.0	6:50	7:11	☀
25	Fri	3:27	5.5	4:06	5.0	10:21	0.6	10:38	0.7	6:49	7:12	☀
26	Sat	4:33	5.7	5:11	5.4	11:24	0.2	11:43	0.3	6:47	7:13	☀
27	Sun	5:38	5.9	6:12	5.9			12:20	-0.2	6:45	7:14	☀
28	Mon	6:39	6.2	7:08	6.4	12:41	-0.2	1:12	-0.6	6:44	7:16	☀
29	Tue	7:35	6.5	8:01	6.8	1:37	-0.6	2:03	-0.9	6:42	7:17	☀
30	Wed	8:27	6.7	8:50	7.1	2:30	-0.9	2:52	-1.1	6:41	7:18	☀
31	Thu	9:17	6.7	9:38	7.2	3:22	-1.0	3:40	-1.1	6:39	7:19	☀