

































Rockaway Beach (inside), NY - Jun 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 11:55 | 5.5 | | | 5:52 | 0.0 | 5:57 | 0.6 | 5:26 | 8:20 |  |
| 2 | Thu | 12:01 | 5.9 | 12:45 | 5.3 | 6:36 | 0.2 | 6:43 | 0.8 | 5:26 | 8:20 |  |
| 3 | Fri | 12:50 | 5.6 | 1:35 | 5.2 | 7:21 | 0.5 | 7:33 | 1.1 | 5:25 | 8:21 |  |
| 4 | Sat | 1:39 | 5.3 | 2:25 | 5.2 | 8:09 | 0.7 | 8:27 | 1.3 | 5:25 | 8:22 |  |
| 5 | Sun | 2:29 | 5.1 | 3:13 | 5.3 | 9:00 | 0.8 | 9:26 | 1.3 | 5:25 | 8:22 |  |
| 6 | Mon | 3:19 | 4.9 | 4:02 | 5.4 | 9:52 | 0.8 | 10:24 | 1.2 | 5:24 | 8:23 |  |
| 7 | Tue | 4:10 | 4.8 | 4:50 | 5.5 | 10:44 | 0.8 | 11:18 | 1.0 | 5:24 | 8:24 |  |
| 8 | Wed | 5:03 | 4.8 | 5:39 | 5.7 | 11:32 | 0.7 | | | 5:24 | 8:24 |  |
| 9 | Thu | 5:56 | 4.9 | 6:27 | 5.9 | 12:09 | 0.8 | 12:19 | 0.6 | 5:24 | 8:25 |  |
| 10 | Fri | 6:47 | 5.0 | 7:12 | 6.1 | 12:58 | 0.5 | 1:06 | 0.5 | 5:24 | 8:25 |  |
| 11 | Sat | 7:35 | 5.1 | 7:55 | 6.3 | 1:46 | 0.3 | 1:51 | 0.4 | 5:23 | 8:26 |  |
| 12 | Sun | 8:21 | 5.3 | 8:37 | 6.4 | 2:33 | 0.1 | 2:36 | 0.4 | 5:23 | 8:26 |  |
| 13 | Mon | 9:05 | 5.4 | 9:19 | 6.5 | 3:19 | -0.1 | 3:22 | 0.4 | 5:23 | 8:27 |  |
| 14 | Tue | 9:49 | 5.4 | 10:02 | 6.5 | 4:05 | -0.2 | 4:07 | 0.3 | 5:23 | 8:27 |  |
| 15 | Wed | 10:35 | 5.5 | 10:48 | 6.5 | 4:50 | -0.2 | 4:52 | 0.3 | 5:23 | 8:27 |  |
| 16 | Thu | 11:24 | 5.6 | 11:39 | 6.3 | 5:35 | -0.2 | 5:39 | 0.4 | 5:23 | 8:28 |  |
| 17 | Fri | | | 12:18 | 5.6 | 6:20 | -0.2 | 6:30 | 0.5 | 5:24 | 8:28 |  |
| 18 | Sat | 12:33 | 6.1 | 1:13 | 5.8 | 7:09 | -0.1 | 7:27 | 0.6 | 5:24 | 8:28 |  |
| 19 | Sun | 1:30 | 6.0 | 2:09 | 5.9 | 8:03 | 0.0 | 8:31 | 0.7 | 5:24 | 8:29 |  |
| 20 | Mon | 2:29 | 5.8 | 3:06 | 6.1 | 9:01 | 0.0 | 9:38 | 0.6 | 5:24 | 8:29 |  |
| 21 | Tue | 3:28 | 5.6 | 4:02 | 6.3 | 10:01 | 0.0 | 10:43 | 0.5 | 5:24 | 8:29 |  |
| 22 | Wed | 4:28 | 5.6 | 5:00 | 6.4 | 10:59 | -0.1 | 11:43 | 0.3 | 5:25 | 8:29 |  |
| 23 | Thu | 5:28 | 5.6 | 5:57 | 6.6 | 11:54 | -0.1 | | | 5:25 | 8:30 |  |
| 24 | Fri | 6:28 | 5.6 | 6:52 | 6.7 | 12:40 | 0.0 | 12:47 | -0.2 | 5:25 | 8:30 |  |
| 25 | Sat | 7:25 | 5.7 | 7:44 | 6.7 | 1:33 | -0.1 | 1:38 | -0.1 | 5:25 | 8:30 |  |
| 26 | Sun | 8:17 | 5.8 | 8:33 | 6.7 | 2:24 | -0.2 | 2:28 | -0.1 | 5:26 | 8:30 |  |
| 27 | Mon | 9:06 | 5.8 | 9:19 | 6.6 | 3:13 | -0.3 | 3:16 | 0.0 | 5:26 | 8:30 |  |
| 28 | Tue | 9:53 | 5.7 | 10:03 | 6.4 | 4:00 | -0.2 | 4:03 | 0.2 | 5:27 | 8:30 |  |
| 29 | Wed | 10:40 | 5.6 | 10:47 | 6.1 | 4:43 | -0.1 | 4:47 | 0.4 | 5:27 | 8:30 |  |
| 30 | Thu | 11:26 | 5.5 | 11:30 | 5.8 | 5:25 | 0.0 | 5:30 | 0.6 | 5:28 | 8:30 |  |