

































Rockaway Beach (inside), NY - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:13	5.4	6:04	0.2	6:13	0.8	5:28	8:30	
2	Sat	12:15	5.5	12:59	5.3	6:44	0.4	6:57	1.0	5:29	8:29	
3	Sun	1:00	5.2	1:46	5.3	7:26	0.6	7:47	1.2	5:29	8:29	
4	Mon	1:47	5.0	2:32	5.3	8:11	0.8	8:42	1.3	5:30	8:29	
5	Tue	2:36	4.9	3:18	5.3	9:02	0.9	9:41	1.3	5:30	8:29	
6	Wed	3:26	4.8	4:06	5.4	9:56	0.9	10:39	1.2	5:31	8:28	
7	Thu	4:20	4.7	4:56	5.6	10:50	0.9	11:34	0.9	5:32	8:28	
8	Fri	5:15	4.8	5:47	5.8	11:42	0.8			5:32	8:28	
9	Sat	6:11	4.9	6:37	6.1	12:27	0.6	12:32	0.6	5:33	8:27	
10	Sun	7:05	5.1	7:26	6.3	1:17	0.3	1:21	0.4	5:34	8:27	
11	Mon	7:54	5.4	8:13	6.6	2:07	0.0	2:10	0.3	5:34	8:27	
12	Tue	8:42	5.6	8:59	6.7	2:56	-0.2	2:59	0.1	5:35	8:26	
13	Wed	9:29	5.8	9:46	6.8	3:43	-0.4	3:48	0.0	5:36	8:26	
14	Thu	10:17	5.9	10:33	6.7	4:29	-0.5	4:37	0.0	5:37	8:25	
15	Fri	11:07	6.1	11:24	6.5	5:15	-0.5	5:27	0.0	5:37	8:24	
16	Sat	11:59	6.1			6:01	-0.5	6:18	0.2	5:38	8:24	
17	Sun	12:18	6.3	12:54	6.2	6:48	-0.4	7:13	0.4	5:39	8:23	
18	Mon	1:14	6.0	1:49	6.2	7:40	-0.2	8:14	0.5	5:40	8:22	
19	Tue	2:11	5.7	2:45	6.2	8:36	0.0	9:20	0.6	5:41	8:22	
20	Wed	3:10	5.5	3:41	6.3	9:36	0.1	10:25	0.6	5:41	8:21	
21	Thu	4:09	5.4	4:38	6.3	10:36	0.2	11:26	0.4	5:42	8:20	
22	Fri	5:09	5.4	5:36	6.3	11:33	0.2			5:43	8:19	
23	Sat	6:09	5.4	6:32	6.4	12:22	0.3	12:27	0.1	5:44	8:19	
24	Sun	7:05	5.5	7:24	6.4	1:14	0.1	1:17	0.1	5:45	8:18	
25	Mon	7:57	5.7	8:12	6.5	2:04	0.0	2:06	0.1	5:46	8:17	
26	Tue	8:44	5.7	8:56	6.4	2:50	-0.1	2:53	0.2	5:47	8:16	
27	Wed	9:29	5.8	9:38	6.3	3:34	-0.1	3:38	0.3	5:48	8:15	
28	Thu	10:12	5.7	10:18	6.0	4:15	0.0	4:21	0.4	5:49	8:14	
29	Fri	10:54	5.6	10:58	5.8	4:54	0.1	5:02	0.6	5:50	8:13	
30	Sat	11:36	5.5	11:38	5.5	5:30	0.3	5:42	0.8	5:50	8:12	
31	Sun			12:18	5.4	6:07	0.5	6:23	1.0	5:51	8:11	