
































Rockaway Beach (inside), NY - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:17	5.1	3:41	5.7	9:44	0.9	10:29	0.4	7:25	5:51	
2	Wed	4:18	5.5	4:44	5.8	10:52	0.5	11:25	-0.1	7:27	5:50	
3	Thu	5:18	6.0	5:44	6.1	11:52	0.1			7:28	5:49	
4	Fri	6:15	6.5	6:42	6.3	12:18	-0.4	12:48	-0.4	7:29	5:48	
5	Sat	7:09	6.9	7:36	6.5	1:09	-0.8	1:41	-0.7	7:30	5:47	
6	Sun	7:00	7.2	7:28	6.5	1:58	-0.9	1:34	-0.8	6:31	4:46	
7	Mon	7:49	7.3	8:17	6.4	1:48	-1.0	2:25	-0.9	6:32	4:44	
8	Tue	8:37	7.2	9:07	6.2	2:37	-0.9	3:15	-0.8	6:34	4:43	
9	Wed	9:25	6.9	9:58	5.9	3:25	-0.6	4:04	-0.5	6:35	4:42	
10	Thu	10:16	6.5	10:52	5.6	4:13	-0.3	4:53	-0.2	6:36	4:41	
11	Fri	11:08	6.0	11:48	5.3	5:01	0.1	5:44	0.2	6:37	4:41	
12	Sat			12:03	5.7	5:52	0.5	6:37	0.5	6:38	4:40	
13	Sun	12:44	5.1	12:58	5.3	6:47	0.8	7:35	0.7	6:40	4:39	
14	Mon	1:40	5.0	1:53	5.1	7:48	1.0	8:33	0.7	6:41	4:38	
15	Tue	2:34	5.0	2:47	5.0	8:50	1.0	9:27	0.6	6:42	4:37	
16	Wed	3:26	5.2	3:40	5.0	9:47	0.9	10:16	0.5	6:43	4:36	
17	Thu	4:17	5.4	4:32	5.0	10:39	0.6	11:01	0.3	6:44	4:35	
18	Fri	5:06	5.6	5:22	5.1	11:27	0.4	11:44	0.2	6:45	4:35	
19	Sat	5:51	5.8	6:08	5.2			12:12	0.2	6:46	4:34	
20	Sun	6:33	5.9	6:50	5.3	12:26	0.1	12:55	0.1	6:48	4:33	
21	Mon	7:12	6.0	7:30	5.3	1:07	0.1	1:38	0.0	6:49	4:33	
22	Tue	7:49	6.0	8:08	5.3	1:47	0.1	2:20	-0.1	6:50	4:32	
23	Wed	8:24	6.0	8:45	5.2	2:26	0.2	3:02	0.0	6:51	4:32	
24	Thu	8:59	5.9	9:24	5.0	3:05	0.3	3:43	0.0	6:52	4:31	
25	Fri	9:37	5.9	10:06	4.9	3:42	0.4	4:24	0.1	6:53	4:31	
26	Sat	10:20	5.7	10:56	4.9	4:21	0.5	5:07	0.2	6:54	4:30	
27	Sun	11:12	5.6	11:53	4.9	5:04	0.6	5:56	0.3	6:55	4:30	
28	Mon			12:12	5.5	5:58	0.7	6:52	0.3	6:56	4:29	
29	Tue	12:53	5.0	1:14	5.4	7:06	0.8	7:55	0.3	6:57	4:29	
30	Wed	1:53	5.3	2:17	5.4	8:21	0.6	8:58	0.1	6:58	4:29	