































## Rockaway Beach (inside), NY - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:34	5.2	8:48	6.2	2:44	0.2	2:47	0.5	5:28	8:30	
2	Sun	9:16	5.2	9:27	6.2	3:29	0.1	3:31	0.6	5:28	8:29	
3	Mon	9:57	5.3	10:06	6.2	4:12	0.0	4:13	0.6	5:29	8:29	
4	Tue	10:39	5.3	10:48	6.2	4:53	0.0	4:55	0.6	5:30	8:29	
5	Wed	11:24	5.4	11:34	6.0	5:34	0.0	5:38	0.6	5:30	8:29	
6	Thu			12:13	5.5	6:16	0.0	6:25	0.7	5:31	8:29	
7	Fri	12:26	5.9	1:06	5.7	7:01	0.1	7:20	0.8	5:31	8:28	
8	Sat	1:22	5.7	2:01	5.9	7:52	0.2	8:23	0.8	5:32	8:28	
9	Sun	2:21	5.6	2:57	6.1	8:50	0.2	9:33	0.7	5:33	8:27	
10	Mon	3:21	5.5	3:55	6.3	9:52	0.2	10:40	0.5	5:33	8:27	
11	Tue	4:23	5.5	4:54	6.5	10:53	0.1	11:42	0.3	5:34	8:27	
12	Wed	5:26	5.5	5:54	6.6	11:51	-0.1			5:35	8:26	
13	Thu	6:28	5.7	6:52	6.8	12:40	0.0	12:47	-0.2	5:36	8:26	
14	Fri	7:26	5.9	7:46	6.9	1:35	-0.3	1:41	-0.3	5:36	8:25	
15	Sat	8:20	6.0	8:37	6.9	2:28	-0.4	2:34	-0.3	5:37	8:25	
16	Sun	9:11	6.1	9:25	6.8	3:19	-0.5	3:24	-0.2	5:38	8:24	
17	Mon	10:00	6.1	10:12	6.6	4:06	-0.5	4:12	-0.1	5:39	8:23	
18	Tue	10:48	6.0	10:58	6.3	4:51	-0.4	4:59	0.1	5:40	8:23	
19	Wed	11:36	5.8	11:44	6.0	5:34	-0.2	5:43	0.4	5:40	8:22	
20	Thu			12:24	5.7	6:15	0.1	6:28	0.7	5:41	8:21	
21	Fri	12:31	5.6	1:11	5.6	6:56	0.3	7:15	0.9	5:42	8:20	
22	Sat	1:19	5.3	1:59	5.5	7:39	0.6	8:07	1.1	5:43	8:20	
23	Sun	2:08	5.0	2:46	5.5	8:27	0.8	9:03	1.2	5:44	8:19	
24	Mon	2:57	4.8	3:34	5.5	9:20	0.9	10:02	1.2	5:45	8:18	
25	Tue	3:49	4.7	4:24	5.5	10:15	1.0	10:59	1.1	5:46	8:17	
26	Wed	4:43	4.7	5:15	5.6	11:08	0.9	11:52	0.9	5:47	8:16	
27	Thu	5:38	4.8	6:05	5.8	11:59	0.8			5:47	8:15	
28	Fri	6:32	4.9	6:54	6.0	12:42	0.6	12:47	0.7	5:48	8:14	
29	Sat	7:21	5.1	7:40	6.2	1:30	0.4	1:35	0.6	5:49	8:13	
30	Sun	8:07	5.3	8:23	6.4	2:17	0.1	2:21	0.4	5:50	8:12	
31	Mon	8:51	5.5	9:05	6.5	3:02	-0.1	3:07	0.3	5:51	8:11	