

































Rockaway Beach (inside), NY - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:47	5.5	9:23	4.6	2:52	0.2	3:34	0.1	7:18	4:38	
2	Mon	9:21	5.4	10:01	4.5	3:30	0.4	4:12	0.2	7:18	4:39	
3	Tue	9:56	5.3	10:42	4.4	4:06	0.5	4:48	0.2	7:18	4:40	
4	Wed	10:36	5.2	11:28	4.4	4:43	0.6	5:26	0.3	7:18	4:41	
5	Thu	11:24	5.1			5:24	0.7	6:07	0.4	7:18	4:42	
6	Fri	12:18	4.6	12:21	4.9	6:16	0.8	6:56	0.5	7:18	4:43	
7	Sat	1:13	4.8	1:22	4.8	7:25	0.8	7:58	0.5	7:18	4:44	
8	Sun	2:09	5.1	2:26	4.7	8:41	0.6	9:04	0.4	7:18	4:45	
9	Mon	3:08	5.4	3:32	4.7	9:51	0.3	10:07	0.1	7:18	4:46	
10	Tue	4:09	5.7	4:38	4.9	10:54	-0.1	11:05	-0.2	7:18	4:47	
11	Wed	5:10	6.1	5:40	5.1	11:53	-0.4			7:18	4:48	
12	Thu	6:09	6.4	6:38	5.4	12:01	-0.5	12:48	-0.7	7:17	4:49	
13	Fri	7:04	6.7	7:32	5.6	12:56	-0.7	1:42	-1.0	7:17	4:50	
14	Sat	7:56	6.8	8:23	5.7	1:50	-0.9	2:34	-1.1	7:17	4:51	
15	Sun	8:46	6.7	9:13	5.7	2:41	-0.9	3:23	-1.1	7:16	4:52	
16	Mon	9:35	6.5	10:04	5.6	3:31	-0.8	4:10	-1.0	7:16	4:53	
17	Tue	10:25	6.2	10:55	5.5	4:20	-0.6	4:56	-0.8	7:15	4:54	
18	Wed	11:15	5.8	11:47	5.3	5:08	-0.2	5:41	-0.5	7:15	4:55	
19	Thu			12:06	5.3	5:58	0.1	6:27	-0.2	7:14	4:57	
20	Fri	12:38	5.2	12:58	4.9	6:51	0.5	7:16	0.1	7:14	4:58	
21	Sat	1:28	5.1	1:51	4.6	7:50	0.7	8:09	0.4	7:13	4:59	
22	Sun	2:18	5.0	2:45	4.4	8:52	0.8	9:04	0.5	7:13	5:00	
23	Mon	3:10	5.0	3:40	4.3	9:52	0.7	9:58	0.5	7:12	5:01	
24	Tue	4:03	5.0	4:37	4.3	10:46	0.6	10:50	0.5	7:11	5:02	
25	Wed	4:56	5.1	5:31	4.4	11:36	0.4	11:39	0.3	7:10	5:04	
26	Thu	5:47	5.2	6:21	4.6			12:24	0.3	7:10	5:05	
27	Fri	6:33	5.4	7:06	4.7	12:25	0.2	1:09	0.1	7:09	5:06	
28	Sat	7:15	5.5	7:47	4.8	1:10	0.1	1:52	0.0	7:08	5:07	
29	Sun	7:53	5.6	8:25	4.9	1:53	0.1	2:34	-0.1	7:07	5:08	
30	Mon	8:28	5.6	9:02	4.9	2:33	0.1	3:13	-0.2	7:06	5:10	
31	Tue	9:03	5.6	9:39	4.9	3:12	0.1	3:49	-0.2	7:05	5:11	