US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:47**	5.5	**9:23**	4.6	**2:52**	0.2	**3:34**	0.1	7:18	4:38	
2	Mon	**9:21**	5.4	**10:01**	4.5	**3:30**	0.4	**4:12**	0.2	7:18	4:39	
3	Tue	**9:56**	5.3	**10:42**	4.4	**4:06**	0.5	**4:48**	0.2	7:18	4:40	
4	Wed	**10:36**	5.2	**11:28**	4.4	**4:43**	0.6	**5:26**	0.3	7:18	4:41	
5	Thu	**11:24**	5.1			**5:24**	0.7	**6:07**	0.4	7:18	4:42	
6	Fri	**12:18**	4.6	**12:21**	4.9	**6:16**	0.8	**6:56**	0.5	7:18	4:43	
7	Sat	**1:13**	4.8	**1:22**	4.8	**7:25**	0.8	**7:58**	0.5	7:18	4:44	
8	Sun	**2:09**	5.1	**2:26**	4.7	**8:41**	0.6	**9:04**	0.4	7:18	4:45	
9	Mon	**3:08**	5.4	**3:32**	4.7	**9:51**	0.3	**10:07**	0.1	7:18	4:46	
10	Tue	**4:09**	5.7	**4:38**	4.9	**10:54**	-0.1	**11:05**	-0.2	7:18	4:47	
11	Wed	**5:10**	6.1	**5:40**	5.1	**11:53**	-0.4			7:18	4:48	
12	Thu	**6:09**	6.4	**6:38**	5.4	**12:01**	-0.5	**12:48**	-0.7	7:17	4:49	
13	Fri	**7:04**	6.7	**7:32**	5.6	**12:56**	-0.7	**1:42**	-1.0	7:17	4:50	
14	Sat	**7:56**	6.8	**8:23**	5.7	**1:50**	-0.9	**2:34**	-1.1	7:17	4:51	
15	Sun	**8:46**	6.7	**9:13**	5.7	**2:41**	-0.9	**3:23**	-1.1	7:16	4:52	
16	Mon	**9:35**	6.5	**10:04**	5.6	**3:31**	-0.8	**4:10**	-1.0	7:16	4:53	
17	Tue	**10:25**	6.2	**10:55**	5.5	**4:20**	-0.6	**4:56**	-0.8	7:15	4:54	
18	Wed	**11:15**	5.8	**11:47**	5.3	**5:08**	-0.2	**5:41**	-0.5	7:15	4:55	
19	Thu			**12:06**	5.3	**5:58**	0.1	**6:27**	-0.2	7:14	4:57	
20	Fri	**12:38**	5.2	**12:58**	4.9	**6:51**	0.5	**7:16**	0.1	7:14	4:58	
21	Sat	**1:28**	5.1	**1:51**	4.6	**7:50**	0.7	**8:09**	0.4	7:13	4:59	
22	Sun	**2:18**	5.0	**2:45**	4.4	**8:52**	0.8	**9:04**	0.5	7:13	5:00	
23	Mon	**3:10**	5.0	**3:40**	4.3	**9:52**	0.7	**9:58**	0.5	7:12	5:01	
24	Tue	**4:03**	5.0	**4:37**	4.3	**10:46**	0.6	**10:50**	0.5	7:11	5:02	
25	Wed	**4:56**	5.1	**5:31**	4.4	**11:36**	0.4	**11:39**	0.3	7:10	5:04	
26	Thu	**5:47**	5.2	**6:21**	4.6			**12:24**	0.3	7:10	5:05	
27	Fri	**6:33**	5.4	**7:06**	4.7	**12:25**	0.2	**1:09**	0.1	7:09	5:06	
28	Sat	**7:15**	5.5	**7:47**	4.8	**1:10**	0.1	**1:52**	0.0	7:08	5:07	
29	Sun	**7:53**	5.6	**8:25**	4.9	**1:53**	0.1	**2:34**	-0.1	7:07	5:08	
30	Mon	**8:28**	5.6	**9:02**	4.9	**2:33**	0.1	**3:13**	-0.2	7:06	5:10	
31	Tue	**9:03**	5.6	**9:39**	4.9	**3:12**	0.1	**3:49**	-0.2	7:05	5:11	