US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:21	5.7	9:51	5.7	3:34	-0.1	3:57	-0.2	6:27	5:47	
2	Fri	10:02	5.5	10:32	5.8	4:14	-0.1	4:32	-0.1	6:26	5:48	
3	Sat	10:49	5.3	11:19	5.7	4:57	0.0	5:09	0.1	6:24	5:49	
4	Sun	11:42	5.0			5:46	0.2	5:53	0.4	6:22	5:50	
5	Mon	12:14	5.7	12:43	4.8	6:44	0.4	6:51	0.6	6:21	5:51	
6	Tue	1:14	5.6	1:48	4.7	7:56	0.6	8:08	0.7	6:19	5:52	
7	Wed	2:19	5.5	2:55	4.7	9:11	0.5	9:25	0.6	6:18	5:53	
8	Thu	3:27	5.6	4:03	4.9	10:20	0.3	10:33	0.3	6:16	5:55	
9	Fri	4:34	5.8	5:08	5.2	11:20	0.0	11:33	0.0	6:15	5:56	
10	Sat	5:36	6.0	6:07	5.6			12:14	-0.4	6:13	5:57	
11	Sun	7:32	6.3	7:59	6.0	12:27	-0.3	2:04	-0.7	7:11	6:58	
12	Mon	8:22	6.4	8:47	6.2	2:19	-0.5	2:50	-0.8	7:10	6:59	
13	Tue	9:07	6.4	9:30	6.4	3:07	-0.6	3:33	-0.9	7:08	7:00	
14	Wed	9:51	6.3	10:12	6.3	3:53	-0.6	4:14	-0.7	7:06	7:01	
15	Thu	10:33	6.0	10:53	6.2	4:36	-0.4	4:53	-0.5	7:05	7:02	
16	Fri	11:17	5.6	11:33	5.9	5:17	-0.2	5:30	-0.1	7:03	7:03	
17	Sat			12:01	5.2	5:57	0.1	6:07	0.3	7:01	7:04	
18	Sun	12:15	5.6	12:48	4.8	6:39	0.5	6:45	0.7	7:00	7:05	
19	Mon	12:59	5.3	1:38	4.5	7:24	0.8	7:30	1.0	6:58	7:06	
20	Tue	1:47	5.0	2:31	4.3	8:19	1.1	8:27	1.3	6:57	7:07	
21	Wed	2:40	4.8	3:27	4.2	9:25	1.3	9:34	1.4	6:55	7:08	
22	Thu	3:37	4.7	4:26	4.3	10:32	1.2	10:40	1.3	6:53	7:10	
23	Fri	4:36	4.8	5:25	4.4	11:31	1.0	11:38	1.1	6:52	7:11	
24	Sat	5:35	4.9	6:20	4.7			12:22	0.7	6:50	7:12	
25	Sun	6:28	5.2	7:08	5.1	12:30	0.8	1:09	0.4	6:48	7:13	
26	Mon	7:16	5.5	7:51	5.5	1:18	0.5	1:52	0.1	6:47	7:14	
27	Tue	8:00	5.7	8:31	5.8	2:04	0.2	2:33	-0.1	6:45	7:15	
28	Wed	8:41	5.9	9:09	6.1	2:49	-0.1	3:13	-0.2	6:43	7:16	
29	Thu	9:22	5.9	9:47	6.3	3:33	-0.3	3:52	-0.2	6:42	7:17	
30	Fri	10:04	5.8	10:27	6.4	4:17	-0.3	4:31	-0.2	6:40	7:18	
31	Sat	10:48	5.6	11:11	6.4	5:01	-0.3	5:10	0.0	6:38	7:19	