US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Aug 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**3:22**	5.0	**3:48**	5.7	**9:39**	0.7	**10:31**	1.1	5:53	8:10	
2	Thu	**4:16**	4.8	**4:39**	5.7	**10:33**	0.9	**11:26**	1.0	5:54	8:08	
3	Fri	**5:12**	4.8	**5:32**	5.7	**11:25**	0.9			5:55	8:07	
4	Sat	**6:07**	4.8	**6:24**	5.7	**12:17**	0.9	**12:15**	0.8	5:56	8:06	
5	Sun	**7:00**	4.9	**7:13**	5.8	**1:05**	0.7	**1:03**	0.8	5:57	8:05	
6	Mon	**7:48**	5.0	**7:57**	5.9	**1:52**	0.6	**1:49**	0.7	5:57	8:04	
7	Tue	**8:32**	5.2	**8:37**	6.0	**2:36**	0.5	**2:34**	0.7	5:58	8:03	
8	Wed	**9:13**	5.2	**9:14**	6.0	**3:18**	0.4	**3:16**	0.7	5:59	8:01	
9	Thu	**9:51**	5.3	**9:48**	5.9	**3:58**	0.3	**3:57**	0.8	6:00	8:00	
10	Fri	**10:28**	5.3	**10:22**	5.8	**4:35**	0.3	**4:36**	0.8	6:01	7:59	
11	Sat	**11:04**	5.3	**10:59**	5.7	**5:10**	0.3	**5:15**	0.9	6:02	7:57	
12	Sun	**11:43**	5.4	**11:40**	5.5	**5:42**	0.4	**5:54**	0.9	6:03	7:56	
13	Mon			**12:25**	5.5	**6:15**	0.6	**6:38**	1.0	6:04	7:55	
14	Tue	**12:30**	5.3	**1:14**	5.7	**6:52**	0.7	**7:32**	1.1	6:05	7:53	
15	Wed	**1:27**	5.1	**2:08**	5.8	**7:39**	0.8	**8:40**	1.1	6:06	7:52	
16	Thu	**2:29**	5.0	**3:07**	5.9	**8:44**	0.9	**9:54**	1.0	6:07	7:51	
17	Fri	**3:34**	4.9	**4:09**	6.1	**9:59**	0.9	**11:03**	0.7	6:08	7:49	
18	Sat	**4:41**	5.0	**5:14**	6.3	**11:08**	0.6			6:09	7:48	
19	Sun	**5:47**	5.2	**6:18**	6.6	**12:05**	0.4	**12:10**	0.3	6:10	7:46	
20	Mon	**6:50**	5.6	**7:17**	6.9	**1:03**	0.0	**1:09**	0.0	6:11	7:45	
21	Tue	**7:48**	5.9	**8:11**	7.1	**1:57**	-0.3	**2:05**	-0.2	6:12	7:43	
22	Wed	**8:40**	6.3	**9:01**	7.1	**2:48**	-0.6	**2:58**	-0.3	6:13	7:42	
23	Thu	**9:30**	6.4	**9:49**	7.0	**3:37**	-0.7	**3:49**	-0.3	6:14	7:40	
24	Fri	**10:18**	6.5	**10:37**	6.7	**4:23**	-0.7	**4:38**	-0.2	6:15	7:39	
25	Sat	**11:06**	6.4	**11:25**	6.3	**5:06**	-0.6	**5:26**	0.1	6:16	7:37	
26	Sun	**11:53**	6.3			**5:48**	-0.3	**6:13**	0.4	6:17	7:36	
27	Mon	**12:14**	5.8	**12:41**	6.1	**6:30**	0.1	**7:01**	0.7	6:18	7:34	
28	Tue	**1:05**	5.4	**1:30**	5.9	**7:14**	0.5	**7:54**	1.0	6:19	7:33	
29	Wed	**1:58**	5.0	**2:20**	5.6	**8:02**	0.9	**8:53**	1.3	6:20	7:31	
30	Thu	**2:51**	4.8	**3:12**	5.5	**8:58**	1.2	**9:56**	1.4	6:21	7:29	
31	Fri	**3:46**	4.7	**4:05**	5.4	**9:57**	1.3	**10:56**	1.3	6:22	7:28	