

































Rockaway Beach (inside), NY - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:18	5.6	3:46	4.8	10:02	0.3	10:13	-0.1	7:18	4:39	
2	Thu	4:15	5.7	4:47	4.8	11:00	0.1	11:07	-0.1	7:18	4:39	
3	Fri	5:11	5.8	5:45	4.9	11:54	-0.1	11:58	-0.2	7:18	4:40	
4	Sat	6:04	5.9	6:37	5.0			12:44	-0.2	7:18	4:41	
5	Sun	6:54	5.9	7:26	5.1	12:46	-0.2	1:33	-0.3	7:18	4:42	
6	Mon	7:39	5.9	8:11	5.1	1:33	-0.2	2:19	-0.3	7:18	4:43	
7	Tue	8:22	5.8	8:54	5.0	2:18	-0.1	3:02	-0.2	7:18	4:44	
8	Wed	9:03	5.7	9:36	4.9	3:00	0.0	3:42	-0.1	7:18	4:45	
9	Thu	9:42	5.4	10:19	4.7	3:41	0.1	4:20	0.0	7:18	4:46	
10	Fri	10:21	5.2	11:03	4.6	4:21	0.4	4:57	0.2	7:18	4:47	
11	Sat	11:01	4.9	11:47	4.6	5:00	0.6	5:33	0.3	7:17	4:48	
12	Sun	11:44	4.6			5:42	0.8	6:11	0.5	7:17	4:49	
13	Mon	12:31	4.5	12:30	4.4	6:29	1.0	6:54	0.7	7:17	4:50	
14	Tue	1:16	4.6	1:21	4.2	7:26	1.1	7:46	0.8	7:16	4:51	
15	Wed	2:03	4.7	2:16	4.1	8:31	1.1	8:46	0.9	7:16	4:53	
16	Thu	2:54	4.8	3:16	4.1	9:36	0.9	9:46	0.8	7:16	4:54	
17	Fri	3:48	5.0	4:17	4.2	10:35	0.6	10:42	0.6	7:15	4:55	
18	Sat	4:44	5.3	5:16	4.4	11:31	0.2	11:35	0.3	7:15	4:56	
19	Sun	5:40	5.7	6:11	4.7			12:23	-0.1	7:14	4:57	
20	Mon	6:33	6.0	7:02	5.0	12:26	0.0	1:15	-0.4	7:13	4:58	
21	Tue	7:23	6.4	7:50	5.3	1:16	-0.3	2:04	-0.7	7:13	4:59	
22	Wed	8:10	6.6	8:37	5.5	2:06	-0.6	2:52	-0.9	7:12	5:01	
23	Thu	8:58	6.6	9:26	5.7	2:56	-0.7	3:38	-1.0	7:11	5:02	
24	Fri	9:46	6.4	10:16	5.7	3:45	-0.7	4:22	-1.0	7:11	5:03	
25	Sat	10:36	6.1	11:08	5.8	4:34	-0.5	5:07	-0.8	7:10	5:04	
26	Sun	11:29	5.7			5:25	-0.3	5:54	-0.6	7:09	5:05	
27	Mon	12:01	5.7	12:25	5.3	6:21	0.0	6:45	-0.3	7:08	5:07	
28	Tue	12:56	5.6	1:22	4.9	7:23	0.3	7:42	0.1	7:08	5:08	
29	Wed	1:52	5.5	2:22	4.7	8:31	0.5	8:45	0.3	7:07	5:09	
30	Thu	2:49	5.4	3:24	4.5	9:39	0.5	9:48	0.3	7:06	5:10	
31	Fri	3:49	5.3	4:27	4.5	10:41	0.4	10:46	0.3	7:05	5:12	