
































## Rockaway Beach (inside), NY - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:23	5.1	4:05	4.5	10:20	0.7	10:24	0.7	6:28	5:46	
2	Sun	4:26	5.1	5:06	4.6	11:16	0.5	11:19	0.6	6:26	5:47	
3	Mon	5:25	5.2	6:00	4.9			12:06	0.3	6:25	5:48	
4	Tue	6:16	5.4	6:48	5.2	12:08	0.4	12:50	0.1	6:23	5:50	
5	Wed	7:01	5.5	7:30	5.4	12:54	0.2	1:30	0.0	6:22	5:51	
6	Thu	7:40	5.6	8:08	5.5	1:37	0.1	2:08	-0.1	6:20	5:52	
7	Fri	8:16	5.6	8:43	5.6	2:18	0.1	2:44	-0.1	6:18	5:53	
8	Sat	8:50	5.4	9:16	5.6	2:57	0.1	3:17	0.0	6:17	5:54	
9	Sun	10:23	5.2	10:48	5.5	4:33	0.2	4:48	0.1	7:15	6:55	
10	Mon	10:55	5.0	11:18	5.4	5:08	0.3	5:17	0.4	7:14	6:56	
11	Tue	11:29	4.8	11:50	5.3	5:42	0.4	5:44	0.6	7:12	6:57	
12	Wed			12:09	4.6	6:17	0.6	6:11	0.8	7:10	6:58	
13	Thu	12:29	5.2	12:58	4.4	6:58	0.8	6:45	1.0	7:09	6:59	
14	Fri	1:20	5.1	1:58	4.3	7:57	1.0	7:41	1.2	7:07	7:01	
15	Sat	2:22	5.1	3:05	4.2	9:17	1.0	9:15	1.2	7:06	7:02	
16	Sun	3:30	5.2	4:13	4.4	10:34	0.8	10:39	1.0	7:04	7:03	
17	Mon	4:40	5.4	5:20	4.7	11:38	0.5	11:45	0.5	7:02	7:04	
18	Tue	5:47	5.8	6:23	5.2			12:34	0.0	7:01	7:05	
19	Wed	6:48	6.2	7:19	5.8	12:44	0.1	1:25	-0.4	6:59	7:06	
20	Thu	7:42	6.5	8:09	6.4	1:40	-0.4	2:14	-0.8	6:57	7:07	
21	Fri	8:32	6.6	8:57	6.8	2:33	-0.7	3:01	-1.0	6:56	7:08	
22	Sat	9:21	6.6	9:43	7.0	3:24	-0.9	3:46	-1.1	6:54	7:09	
23	Sun	10:08	6.4	10:30	6.9	4:14	-0.9	4:30	-0.9	6:52	7:10	
24	Mon	10:57	6.1	11:17	6.7	5:02	-0.8	5:15	-0.6	6:51	7:11	
25	Tue	11:49	5.6			5:50	-0.4	6:00	-0.2	6:49	7:12	
26	Wed	12:07	6.3	12:43	5.2	6:40	0.0	6:48	0.3	6:47	7:13	
27	Thu	1:00	5.8	1:40	4.9	7:34	0.4	7:42	0.7	6:46	7:14	
28	Fri	1:56	5.4	2:39	4.7	8:37	0.8	8:46	1.1	6:44	7:15	
29	Sat	2:55	5.2	3:39	4.6	9:46	1.0	9:54	1.2	6:42	7:16	
30	Sun	3:56	5.0	4:40	4.6	10:52	0.9	10:57	1.1	6:41	7:17	
31	Mon	4:56	5.0	5:39	4.8	11:47	0.8	11:53	0.9	6:39	7:18	