






























Rockaway Beach (inside), NY - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:36	4.9	12:47	4.3	6:45	0.8	6:56	0.8	7:04	5:12	
2	Mon	1:22	4.8	1:39	4.1	7:42	1.0	7:52	1.0	7:03	5:14	
3	Tue	2:11	4.7	2:35	4.0	8:47	1.1	8:57	1.1	7:02	5:15	
4	Wed	3:04	4.7	3:35	4.0	9:51	0.9	9:59	1.0	7:01	5:16	
5	Thu	4:02	4.8	4:36	4.1	10:50	0.7	10:56	0.8	7:00	5:17	
6	Fri	5:00	5.1	5:33	4.3	11:44	0.4	11:47	0.5	6:59	5:19	
7	Sat	5:54	5.4	6:24	4.6			12:34	0.0	6:58	5:20	
8	Sun	6:42	5.8	7:10	5.0	12:36	0.2	1:21	-0.3	6:57	5:21	
9	Mon	7:28	6.1	7:54	5.3	1:24	-0.1	2:06	-0.5	6:56	5:22	
10	Tue	8:11	6.3	8:37	5.6	2:10	-0.3	2:49	-0.7	6:54	5:24	
11	Wed	8:54	6.2	9:20	5.8	2:56	-0.5	3:30	-0.8	6:53	5:25	
12	Thu	9:38	6.1	10:05	5.9	3:42	-0.5	4:11	-0.8	6:52	5:26	
13	Fri	10:26	5.8	10:53	6.0	4:29	-0.4	4:52	-0.6	6:51	5:27	
14	Sat	11:18	5.4	11:46	5.9	5:18	-0.2	5:37	-0.3	6:49	5:28	
15	Sun			12:14	5.1	6:12	0.1	6:27	0.0	6:48	5:30	
16	Mon	12:41	5.7	1:15	4.8	7:15	0.4	7:29	0.3	6:47	5:31	
17	Tue	1:41	5.5	2:18	4.6	8:28	0.6	8:39	0.5	6:45	5:32	
18	Wed	2:44	5.4	3:24	4.5	9:40	0.6	9:48	0.5	6:44	5:33	
19	Thu	3:49	5.3	4:30	4.6	10:46	0.4	10:51	0.3	6:43	5:34	
20	Fri	4:54	5.4	5:33	4.9	11:43	0.1	11:46	0.1	6:41	5:36	
21	Sat	5:53	5.6	6:27	5.2			12:34	-0.1	6:40	5:37	
22	Sun	6:44	5.8	7:15	5.4	12:37	-0.1	1:20	-0.3	6:39	5:38	
23	Mon	7:29	5.9	7:58	5.6	1:24	-0.2	2:02	-0.4	6:37	5:39	
24	Tue	8:10	5.9	8:38	5.7	2:08	-0.3	2:41	-0.5	6:36	5:40	
25	Wed	8:48	5.8	9:16	5.7	2:50	-0.2	3:17	-0.4	6:34	5:41	
26	Thu	9:25	5.5	9:53	5.6	3:29	-0.1	3:51	-0.2	6:33	5:42	
27	Fri	10:02	5.2	10:29	5.5	4:07	0.0	4:22	0.1	6:31	5:44	
28	Sat	10:39	4.9	11:05	5.3	4:44	0.3	4:53	0.4	6:30	5:45	