
































## Rockaway Beach (inside), NY - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:39	5.5	3:24	5.5	9:23	0.5	9:50	1.1	5:26	8:19	
2	Tue	3:40	5.4	4:20	5.9	10:20	0.3	10:58	0.7	5:26	8:20	
3	Wed	4:42	5.4	5:17	6.3	11:15	0.1	11:59	0.3	5:25	8:21	
4	Thu	5:45	5.4	6:14	6.7			12:09	0.0	5:25	8:21	
5	Fri	6:46	5.5	7:09	6.9	12:57	0.0	1:02	-0.2	5:25	8:22	
6	Sat	7:44	5.7	8:03	7.1	1:53	-0.3	1:56	-0.2	5:24	8:23	
7	Sun	8:38	5.7	8:55	7.1	2:48	-0.4	2:50	-0.2	5:24	8:23	
8	Mon	9:32	5.7	9:46	6.9	3:41	-0.4	3:43	-0.1	5:24	8:24	
9	Tue	10:25	5.6	10:38	6.7	4:33	-0.4	4:35	0.0	5:24	8:24	
10	Wed	11:19	5.5	11:30	6.3	5:24	-0.3	5:25	0.3	5:24	8:25	
11	Thu			12:14	5.4	6:13	-0.1	6:15	0.5	5:24	8:26	
12	Fri	12:23	6.0	1:09	5.3	7:01	0.1	7:07	0.8	5:23	8:26	
13	Sat	1:15	5.7	2:01	5.3	7:50	0.4	8:02	1.1	5:23	8:26	
14	Sun	2:07	5.4	2:51	5.4	8:40	0.5	9:00	1.2	5:23	8:27	
15	Mon	2:57	5.1	3:40	5.5	9:30	0.6	9:59	1.2	5:23	8:27	
16	Tue	3:47	4.9	4:27	5.6	10:18	0.7	10:55	1.1	5:23	8:28	
17	Wed	4:39	4.8	5:15	5.7	11:05	0.7	11:46	0.9	5:24	8:28	
18	Thu	5:31	4.7	6:02	5.8	11:51	0.7			5:24	8:28	
19	Fri	6:24	4.7	6:49	5.9	12:34	0.7	12:36	0.7	5:24	8:29	
20	Sat	7:13	4.8	7:32	5.9	1:20	0.6	1:21	0.7	5:24	8:29	
21	Sun	7:59	4.8	8:14	6.0	2:06	0.5	2:06	0.8	5:24	8:29	
22	Mon	8:42	4.9	8:53	6.0	2:52	0.4	2:49	0.8	5:24	8:29	
23	Tue	9:23	4.9	9:31	6.0	3:37	0.3	3:32	0.9	5:25	8:29	
24	Wed	10:04	4.8	10:09	6.0	4:20	0.3	4:12	0.9	5:25	8:30	
25	Thu	10:46	4.8	10:49	6.0	5:01	0.3	4:52	0.9	5:25	8:30	
26	Fri	11:30	4.9	11:33	5.9	5:42	0.3	5:33	1.0	5:26	8:30	
27	Sat			12:18	5.0	6:22	0.3	6:19	1.0	5:26	8:30	
28	Sun	12:24	5.7	1:10	5.3	7:05	0.3	7:12	1.0	5:27	8:30	
29	Mon	1:19	5.6	2:02	5.6	7:52	0.3	8:17	1.0	5:27	8:30	
30	Tue	2:16	5.4	2:56	5.9	8:46	0.4	9:28	0.9	5:27	8:30	