



Rockaway Beach (inside), NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:52	5.8	9:13	6.0	3:00	-0.2	3:22	-0.4	6:27	5:47	☀
2	Wed	9:33	5.7	9:53	6.1	3:42	-0.3	3:59	-0.3	6:25	5:48	☀
3	Thu	10:18	5.4	10:38	6.0	4:25	-0.2	4:38	-0.2	6:24	5:49	☾
4	Fri	11:08	5.1	11:29	5.9	5:11	0.0	5:20	0.1	6:22	5:50	☾
5	Sat			12:06	4.9	6:03	0.3	6:11	0.4	6:21	5:51	☾
6	Sun	12:28	5.7	1:09	4.7	7:08	0.6	7:17	0.6	6:19	5:52	☾
7	Mon	1:31	5.5	2:15	4.6	8:24	0.7	8:34	0.7	6:18	5:53	☾
8	Tue	2:38	5.5	3:23	4.7	9:39	0.6	9:47	0.5	6:16	5:55	☾
9	Wed	3:46	5.5	4:30	4.9	10:44	0.3	10:51	0.3	6:14	5:56	☾
10	Thu	4:52	5.7	5:31	5.3	11:40	-0.1	11:47	0.0	6:13	5:57	☾
11	Fri	5:51	5.9	6:26	5.7			12:29	-0.4	6:11	5:58	☾
12	Sat	6:42	6.1	7:13	6.0	12:39	-0.3	1:15	-0.6	6:10	5:59	☾
13	Sun	8:28	6.2	8:57	6.3	1:28	-0.4	2:58	-0.7	7:08	7:00	☾
14	Mon	9:11	6.1	9:37	6.3	3:13	-0.5	3:37	-0.6	7:06	7:01	☾
15	Tue	9:52	5.9	10:16	6.3	3:56	-0.4	4:14	-0.4	7:05	7:02	☾
16	Wed	10:31	5.6	10:53	6.0	4:37	-0.3	4:50	-0.1	7:03	7:03	☾
17	Thu	11:12	5.2	11:32	5.8	5:16	-0.1	5:24	0.2	7:01	7:04	☾
18	Fri	11:53	4.9			5:54	0.2	5:58	0.6	7:00	7:05	☾
19	Sat	12:12	5.4	12:38	4.6	6:34	0.6	6:34	0.9	6:58	7:06	☾
20	Sun	12:56	5.1	1:27	4.3	7:18	0.9	7:17	1.3	6:56	7:07	☾
21	Mon	1:45	4.8	2:22	4.1	8:15	1.2	8:18	1.5	6:55	7:09	☾
22	Tue	2:41	4.7	3:20	4.1	9:25	1.3	9:33	1.6	6:53	7:10	☾
23	Wed	3:40	4.7	4:21	4.2	10:33	1.2	10:42	1.4	6:52	7:11	☾
24	Thu	4:40	4.8	5:21	4.4	11:31	0.9	11:41	1.2	6:50	7:12	☾
25	Fri	5:39	5.0	6:16	4.8			12:21	0.5	6:48	7:13	☾
26	Sat	6:32	5.3	7:04	5.3	12:33	0.8	1:07	0.2	6:47	7:14	☾
27	Sun	7:21	5.6	7:47	5.7	1:22	0.4	1:50	-0.1	6:45	7:15	☾
28	Mon	8:06	5.8	8:28	6.2	2:09	0.1	2:32	-0.3	6:43	7:16	☾
29	Tue	8:49	5.9	9:08	6.5	2:56	-0.2	3:13	-0.4	6:42	7:17	☾
30	Wed	9:32	5.9	9:49	6.6	3:42	-0.4	3:54	-0.4	6:40	7:18	☾
31	Thu	10:17	5.7	10:32	6.6	4:27	-0.4	4:36	-0.3	6:38	7:19	☾