

































Rockaway Beach (inside), NY - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:18	5.8	2:01	5.9	7:48	0.0	8:10	0.8	5:28	8:29	
2	Sat	2:10	5.5	2:51	5.9	8:37	0.3	9:09	1.0	5:29	8:29	
3	Sun	3:01	5.1	3:39	5.8	9:28	0.5	10:08	1.0	5:29	8:29	
4	Mon	3:53	4.9	4:28	5.8	10:19	0.7	11:04	0.9	5:30	8:29	
5	Tue	4:47	4.7	5:19	5.8	11:09	0.8	11:56	0.8	5:31	8:29	
6	Wed	5:42	4.7	6:09	5.8	11:58	0.8			5:31	8:28	
7	Thu	6:36	4.7	6:59	5.9	12:45	0.7	12:45	0.8	5:32	8:28	
8	Fri	7:26	4.8	7:45	5.9	1:32	0.6	1:32	0.8	5:32	8:28	
9	Sat	8:13	4.9	8:27	5.9	2:19	0.5	2:17	0.8	5:33	8:27	
10	Sun	8:56	4.9	9:06	5.9	3:04	0.4	3:01	0.9	5:34	8:27	
11	Mon	9:36	4.9	9:43	5.9	3:47	0.4	3:43	0.9	5:35	8:26	
12	Tue	10:15	4.9	10:17	5.8	4:27	0.3	4:23	1.0	5:35	8:26	
13	Wed	10:54	5.0	10:53	5.7	5:04	0.3	5:00	1.1	5:36	8:25	
14	Thu	11:33	5.0	11:32	5.6	5:40	0.3	5:38	1.1	5:37	8:25	
15	Fri			12:15	5.2	6:14	0.4	6:19	1.1	5:38	8:24	
16	Sat	12:17	5.4	1:00	5.4	6:50	0.5	7:07	1.1	5:38	8:24	
17	Sun	1:10	5.2	1:49	5.6	7:32	0.6	8:09	1.2	5:39	8:23	
18	Mon	2:07	5.0	2:43	5.8	8:25	0.7	9:21	1.1	5:40	8:22	
19	Tue	3:09	4.9	3:40	6.0	9:29	0.7	10:34	0.9	5:41	8:22	
20	Wed	4:14	4.9	4:42	6.2	10:36	0.6	11:40	0.6	5:42	8:21	
21	Thu	5:20	5.0	5:46	6.5	11:40	0.4			5:43	8:20	
22	Fri	6:26	5.2	6:49	6.7	12:41	0.3	12:40	0.1	5:44	8:19	
23	Sat	7:27	5.5	7:47	6.9	1:38	0.0	1:38	-0.1	5:44	8:18	
24	Sun	8:23	5.8	8:40	7.0	2:34	-0.3	2:34	-0.2	5:45	8:17	
25	Mon	9:16	6.0	9:31	7.0	3:26	-0.5	3:28	-0.3	5:46	8:17	
26	Tue	10:07	6.1	10:20	6.8	4:14	-0.6	4:20	-0.2	5:47	8:16	
27	Wed	10:58	6.2	11:08	6.5	5:00	-0.6	5:09	0.0	5:48	8:15	
28	Thu	11:47	6.2	11:57	6.1	5:43	-0.4	5:57	0.2	5:49	8:14	
29	Fri			12:36	6.1	6:26	-0.2	6:45	0.5	5:50	8:13	
30	Sat	12:46	5.6	1:25	5.9	7:08	0.2	7:36	0.8	5:51	8:12	
31	Sun	1:37	5.2	2:13	5.8	7:53	0.6	8:31	1.1	5:52	8:11	