






















## Rockaway Beach (inside), NY - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:28	4.9	3:01	5.7	8:42	0.9	9:30	1.2	5:53	8:10	
2	Tue	3:20	4.7	3:52	5.6	9:37	1.1	10:30	1.2	5:54	8:08	
3	Wed	4:14	4.6	4:44	5.5	10:34	1.1	11:26	1.1	5:55	8:07	
4	Thu	5:11	4.5	5:39	5.5	11:28	1.1			5:56	8:06	
5	Fri	6:07	4.6	6:31	5.6	12:18	1.0	12:19	1.0	5:57	8:05	
6	Sat	7:00	4.8	7:20	5.8	1:07	0.8	1:07	0.9	5:58	8:04	
7	Sun	7:48	5.0	8:03	5.9	1:53	0.6	1:53	0.9	5:58	8:03	
8	Mon	8:31	5.1	8:41	6.0	2:37	0.4	2:38	0.8	5:59	8:01	
9	Tue	9:10	5.3	9:18	6.0	3:19	0.2	3:20	0.8	6:00	8:00	
10	Wed	9:47	5.4	9:53	6.0	3:57	0.1	4:00	0.8	6:01	7:59	
11	Thu	10:23	5.5	10:29	5.8	4:34	0.1	4:40	0.8	6:02	7:57	
12	Fri	11:00	5.6	11:08	5.6	5:08	0.2	5:19	0.8	6:03	7:56	
13	Sat	11:40	5.7	11:54	5.4	5:42	0.3	6:01	0.8	6:04	7:55	
14	Sun			12:26	5.8	6:18	0.5	6:48	0.9	6:05	7:53	
15	Mon	12:48	5.2	1:19	5.9	7:00	0.6	7:48	1.1	6:06	7:52	
16	Tue	1:48	5.0	2:17	6.0	7:55	0.8	9:02	1.1	6:07	7:51	
17	Wed	2:52	4.8	3:20	6.0	9:06	0.9	10:18	1.0	6:08	7:49	
18	Thu	3:59	4.9	4:26	6.1	10:20	0.8	11:27	0.7	6:09	7:48	
19	Fri	5:07	5.0	5:32	6.3	11:27	0.5			6:10	7:46	
20	Sat	6:12	5.3	6:34	6.6	12:27	0.4	12:28	0.2	6:11	7:45	
21	Sun	7:12	5.7	7:31	6.8	1:22	0.0	1:24	0.0	6:12	7:43	
22	Mon	8:06	6.1	8:22	6.9	2:13	-0.3	2:18	-0.2	6:13	7:42	
23	Tue	8:56	6.4	9:09	6.9	3:01	-0.5	3:09	-0.2	6:14	7:40	
24	Wed	9:43	6.5	9:55	6.6	3:46	-0.6	3:58	-0.2	6:15	7:39	
25	Thu	10:28	6.5	10:39	6.3	4:28	-0.5	4:44	0.0	6:16	7:37	
26	Fri	11:12	6.4	11:25	5.9	5:08	-0.3	5:29	0.2	6:17	7:36	
27	Sat	11:57	6.2			5:47	0.1	6:13	0.5	6:18	7:34	
28	Sun	12:12	5.4	12:43	5.9	6:26	0.5	6:59	0.9	6:19	7:33	
29	Mon	1:01	5.0	1:31	5.7	7:08	0.9	7:50	1.2	6:20	7:31	
30	Tue	1:53	4.7	2:22	5.4	7:56	1.2	8:49	1.4	6:21	7:29	
31	Wed	2:46	4.5	3:15	5.3	8:55	1.4	9:54	1.5	6:22	7:28	