US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**5:41**	6.2	**6:19**	5.1			**12:29**	-0.4	7:18	4:39	
2	Mon	**6:38**	6.5	**7:13**	5.4	**12:31**	-0.5	**1:23**	-0.7	7:18	4:40	
3	Tue	**7:31**	6.8	**8:04**	5.6	**1:25**	-0.8	**2:15**	-0.9	7:18	4:41	
4	Wed	**8:21**	6.8	**8:55**	5.7	**2:18**	-0.9	**3:05**	-1.0	7:18	4:42	
5	Thu	**9:11**	6.7	**9:46**	5.8	**3:10**	-0.9	**3:54**	-1.1	7:18	4:42	
6	Fri	**10:01**	6.4	**10:39**	5.7	**4:00**	-0.8	**4:40**	-0.9	7:18	4:43	
7	Sat	**10:52**	6.0	**11:32**	5.6	**4:50**	-0.5	**5:27**	-0.7	7:18	4:44	
8	Sun	**11:45**	5.6			**5:42**	-0.2	**6:14**	-0.4	7:18	4:45	
9	Mon	**12:25**	5.5	**12:39**	5.2	**6:36**	0.2	**7:05**	-0.1	7:18	4:46	
10	Tue	**1:18**	5.4	**1:34**	4.8	**7:36**	0.4	**8:00**	0.2	7:18	4:47	
11	Wed	**2:10**	5.3	**2:30**	4.5	**8:39**	0.6	**8:57**	0.4	7:17	4:48	
12	Thu	**3:04**	5.2	**3:27**	4.4	**9:41**	0.6	**9:54**	0.5	7:17	4:50	
13	Fri	**3:58**	5.2	**4:25**	4.3	**10:38**	0.5	**10:47**	0.5	7:17	4:51	
14	Sat	**4:54**	5.2	**5:21**	4.4	**11:30**	0.4	**11:36**	0.4	7:16	4:52	
15	Sun	**5:46**	5.3	**6:13**	4.5			**12:18**	0.2	7:16	4:53	
16	Mon	**6:34**	5.4	**6:59**	4.7	**12:23**	0.3	**1:04**	0.1	7:15	4:54	
17	Tue	**7:18**	5.5	**7:41**	4.8	**1:07**	0.2	**1:47**	0.0	7:15	4:55	
18	Wed	**7:57**	5.5	**8:21**	4.8	**1:50**	0.2	**2:28**	-0.1	7:14	4:56	
19	Thu	**8:32**	5.5	**8:58**	4.8	**2:31**	0.2	**3:07**	-0.2	7:14	4:57	
20	Fri	**9:06**	5.4	**9:33**	4.8	**3:09**	0.3	**3:43**	-0.1	7:13	4:59	
21	Sat	**9:38**	5.2	**10:07**	4.8	**3:45**	0.4	**4:16**	-0.1	7:13	5:00	
22	Sun	**10:12**	5.1	**10:43**	4.8	**4:20**	0.5	**4:48**	0.1	7:12	5:01	
23	Mon	**10:50**	4.9	**11:23**	4.9	**4:55**	0.6	**5:20**	0.2	7:11	5:02	
24	Tue	**11:37**	4.7			**5:34**	0.6	**5:55**	0.4	7:11	5:03	
25	Wed	**12:10**	5.0	**12:34**	4.5	**6:25**	0.7	**6:42**	0.5	7:10	5:05	
26	Thu	**1:04**	5.1	**1:37**	4.3	**7:37**	0.8	**7:50**	0.6	7:09	5:06	
27	Fri	**2:04**	5.2	**2:44**	4.3	**8:59**	0.7	**9:07**	0.5	7:08	5:07	
28	Sat	**3:10**	5.4	**3:53**	4.4	**10:11**	0.5	**10:16**	0.3	7:07	5:08	
29	Sun	**4:17**	5.7	**5:00**	4.7	**11:15**	0.1	**11:18**	-0.1	7:06	5:09	
30	Mon	**5:22**	6.0	**6:01**	5.1			**12:12**	-0.3	7:06	5:11	
31	Tue	**6:22**	6.4	**6:57**	5.5	**12:15**	-0.5	**1:06**	-0.7	7:05	5:12	