US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - May 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**8:46**	5.7	**9:06**	6.7	**2:52**	-0.3	**3:01**	0.0	5:53	7:51	
2	Tue	**9:30**	5.6	**9:47**	6.5	**3:38**	-0.2	**3:44**	0.2	5:51	7:52	
3	Wed	**10:14**	5.3	**10:28**	6.2	**4:21**	-0.1	**4:25**	0.5	5:50	7:53	
4	Thu	**10:58**	5.1	**11:11**	5.8	**5:03**	0.2	**5:05**	0.7	5:49	7:54	
5	Fri	**11:44**	4.8	**11:56**	5.5	**5:45**	0.4	**5:45**	1.0	5:48	7:55	
6	Sat			**12:34**	4.6	**6:28**	0.7	**6:27**	1.3	5:47	7:56	
7	Sun	**12:44**	5.2	**1:26**	4.5	**7:15**	0.9	**7:15**	1.5	5:45	7:57	
8	Mon	**1:34**	5.0	**2:18**	4.5	**8:07**	1.1	**8:14**	1.7	5:44	7:58	
9	Tue	**2:26**	4.9	**3:10**	4.6	**9:04**	1.1	**9:20**	1.7	5:43	7:59	
10	Wed	**3:18**	4.8	**4:01**	4.9	**10:00**	1.0	**10:24**	1.6	5:42	8:00	
11	Thu	**4:11**	4.8	**4:51**	5.1	**10:51**	0.8	**11:21**	1.3	5:41	8:01	
12	Fri	**5:06**	4.9	**5:40**	5.5	**11:39**	0.6			5:40	8:02	
13	Sat	**6:00**	5.0	**6:26**	5.9	**12:12**	0.9	**12:24**	0.5	5:39	8:03	
14	Sun	**6:52**	5.1	**7:11**	6.2	**1:02**	0.5	**1:09**	0.4	5:38	8:04	
15	Mon	**7:42**	5.3	**7:55**	6.5	**1:50**	0.2	**1:54**	0.3	5:37	8:05	
16	Tue	**8:29**	5.4	**8:39**	6.7	**2:39**	0.0	**2:40**	0.2	5:36	8:06	
17	Wed	**9:15**	5.4	**9:25**	6.8	**3:27**	-0.1	**3:27**	0.2	5:35	8:07	
18	Thu	**10:03**	5.4	**10:13**	6.7	**4:16**	-0.2	**4:15**	0.2	5:35	8:08	
19	Fri	**10:54**	5.4	**11:04**	6.6	**5:05**	-0.2	**5:04**	0.2	5:34	8:09	
20	Sat	**11:50**	5.3			**5:55**	-0.1	**5:56**	0.3	5:33	8:10	
21	Sun	**12:00**	6.4	**12:48**	5.3	**6:47**	0.0	**6:51**	0.5	5:32	8:11	
22	Mon	**12:59**	6.2	**1:48**	5.4	**7:43**	0.1	**7:53**	0.7	5:32	8:12	
23	Tue	**1:57**	5.9	**2:45**	5.6	**8:41**	0.2	**8:59**	0.8	5:31	8:12	
24	Wed	**2:55**	5.7	**3:42**	5.8	**9:39**	0.2	**10:05**	0.7	5:30	8:13	
25	Thu	**3:53**	5.6	**4:37**	6.1	**10:35**	0.1	**11:06**	0.6	5:30	8:14	
26	Fri	**4:51**	5.4	**5:30**	6.3	**11:27**	0.1			5:29	8:15	
27	Sat	**5:48**	5.3	**6:22**	6.4	**12:02**	0.4	**12:15**	0.1	5:28	8:16	
28	Sun	**6:43**	5.3	**7:11**	6.5	**12:54**	0.2	**1:02**	0.1	5:28	8:17	
29	Mon	**7:35**	5.3	**7:57**	6.5	**1:43**	0.1	**1:48**	0.3	5:27	8:17	
30	Tue	**8:23**	5.3	**8:41**	6.4	**2:30**	0.1	**2:33**	0.4	5:27	8:18	
31	Wed	**9:08**	5.2	**9:23**	6.2	**3:16**	0.1	**3:17**	0.5	5:26	8:19	