US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jun 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**9:52**	5.1	**10:04**	6.0	**4:00**	0.2	**4:00**	0.7	5:26	8:20	
2	Fri	**10:36**	4.9	**10:46**	5.8	**4:43**	0.3	**4:41**	0.9	5:25	8:20	
3	Sat	**11:20**	4.8	**11:27**	5.5	**5:24**	0.5	**5:21**	1.1	5:25	8:21	
4	Sun			**12:07**	4.7	**6:04**	0.6	**6:02**	1.3	5:25	8:22	
5	Mon	**12:10**	5.3	**12:54**	4.7	**6:45**	0.7	**6:45**	1.5	5:25	8:22	
6	Tue	**12:55**	5.1	**1:42**	4.7	**7:28**	0.8	**7:34**	1.6	5:24	8:23	
7	Wed	**1:42**	5.0	**2:28**	4.9	**8:15**	0.9	**8:33**	1.7	5:24	8:24	
8	Thu	**2:31**	4.8	**3:15**	5.1	**9:06**	0.9	**9:38**	1.5	5:24	8:24	
9	Fri	**3:24**	4.8	**4:02**	5.4	**9:58**	0.8	**10:40**	1.3	5:24	8:25	
10	Sat	**4:20**	4.8	**4:51**	5.7	**10:51**	0.8	**11:37**	0.9	5:24	8:25	
11	Sun	**5:18**	4.8	**5:43**	6.0	**11:42**	0.6			5:23	8:26	
12	Mon	**6:17**	4.9	**6:36**	6.3	**12:31**	0.6	**12:32**	0.5	5:23	8:26	
13	Tue	**7:13**	5.1	**7:28**	6.6	**1:24**	0.3	**1:23**	0.3	5:23	8:27	
14	Wed	**8:06**	5.3	**8:19**	6.8	**2:17**	0.0	**2:15**	0.1	5:23	8:27	
15	Thu	**8:58**	5.4	**9:10**	7.0	**3:10**	-0.2	**3:08**	0.0	5:23	8:28	
16	Fri	**9:49**	5.6	**10:01**	6.9	**4:02**	-0.3	**4:01**	-0.1	5:24	8:28	
17	Sat	**10:42**	5.6	**10:53**	6.8	**4:52**	-0.4	**4:53**	0.0	5:24	8:28	
18	Sun	**11:37**	5.7	**11:47**	6.5	**5:41**	-0.4	**5:45**	0.1	5:24	8:29	
19	Mon			**12:33**	5.8	**6:30**	-0.4	**6:39**	0.3	5:24	8:29	
20	Tue	**12:42**	6.2	**1:29**	5.9	**7:20**	-0.2	**7:37**	0.5	5:24	8:29	
21	Wed	**1:38**	5.9	**2:23**	6.0	**8:12**	-0.1	**8:38**	0.7	5:24	8:29	
22	Thu	**2:33**	5.6	**3:16**	6.1	**9:06**	0.1	**9:41**	0.7	5:25	8:29	
23	Fri	**3:28**	5.3	**4:08**	6.1	**10:01**	0.2	**10:42**	0.7	5:25	8:30	
24	Sat	**4:24**	5.1	**5:00**	6.1	**10:54**	0.4	**11:38**	0.6	5:25	8:30	
25	Sun	**5:21**	5.0	**5:53**	6.1	**11:45**	0.4			5:26	8:30	
26	Mon	**6:18**	5.0	**6:45**	6.1	**12:31**	0.5	**12:34**	0.5	5:26	8:30	
27	Tue	**7:12**	5.0	**7:33**	6.1	**1:20**	0.4	**1:22**	0.6	5:26	8:30	
28	Wed	**8:01**	5.0	**8:19**	6.1	**2:08**	0.4	**2:08**	0.6	5:27	8:30	
29	Thu	**8:47**	5.0	**9:02**	6.1	**2:55**	0.3	**2:54**	0.7	5:27	8:30	
30	Fri	**9:31**	5.0	**9:42**	5.9	**3:39**	0.3	**3:37**	0.8	5:28	8:30	