































## Rockaway Beach (inside), NY - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:29	5.7	11:50	5.0	5:32	0.7	5:59	1.0	6:23	7:27	
2	Sat			12:13	5.7	6:05	0.8	6:43	1.1	6:24	7:25	
3	Sun	12:43	4.8	1:07	5.7	6:45	1.0	7:44	1.3	6:25	7:23	
4	Mon	1:46	4.7	2:10	5.8	7:43	1.1	9:04	1.3	6:26	7:22	
5	Tue	2:53	4.6	3:17	5.9	9:03	1.1	10:21	1.1	6:26	7:20	
6	Wed	4:01	4.8	4:24	6.1	10:21	0.9	11:27	0.7	6:27	7:18	
7	Thu	5:08	5.1	5:29	6.4	11:28	0.6			6:28	7:17	
8	Fri	6:11	5.5	6:30	6.7	12:23	0.3	12:27	0.2	6:29	7:15	
9	Sat	7:08	6.1	7:26	6.9	1:15	-0.2	1:23	-0.2	6:30	7:13	
10	Sun	8:01	6.6	8:16	7.0	2:04	-0.5	2:17	-0.4	6:31	7:12	
11	Mon	8:49	6.9	9:04	6.9	2:51	-0.7	3:08	-0.5	6:32	7:10	
12	Tue	9:36	7.0	9:51	6.7	3:36	-0.8	3:58	-0.5	6:33	7:08	
13	Wed	10:21	7.0	10:38	6.3	4:20	-0.6	4:45	-0.3	6:34	7:07	
14	Thu	11:08	6.7	11:27	5.8	5:03	-0.3	5:32	0.0	6:35	7:05	
15	Fri	11:56	6.4			5:46	0.1	6:20	0.4	6:36	7:03	
16	Sat	12:18	5.4	12:47	6.0	6:30	0.6	7:11	0.8	6:37	7:02	
17	Sun	1:13	5.0	1:41	5.7	7:18	1.0	8:08	1.2	6:38	7:00	
18	Mon	2:09	4.7	2:37	5.4	8:15	1.3	9:13	1.4	6:39	6:58	
19	Tue	3:07	4.6	3:34	5.3	9:20	1.5	10:18	1.3	6:40	6:57	
20	Wed	4:05	4.6	4:31	5.3	10:24	1.4	11:15	1.1	6:41	6:55	
21	Thu	5:03	4.7	5:26	5.4	11:21	1.3			6:42	6:53	
22	Fri	5:57	5.0	6:17	5.6	12:03	0.9	12:11	1.1	6:43	6:52	
23	Sat	6:46	5.3	7:03	5.7	12:47	0.6	12:58	0.9	6:44	6:50	
24	Sun	7:29	5.6	7:44	5.8	1:27	0.3	1:42	0.7	6:45	6:48	
25	Mon	8:08	5.8	8:22	5.8	2:06	0.2	2:24	0.6	6:46	6:47	
26	Tue	8:43	6.0	8:57	5.7	2:44	0.2	3:04	0.5	6:47	6:45	
27	Wed	9:15	6.1	9:32	5.6	3:21	0.2	3:44	0.5	6:48	6:43	
28	Thu	9:47	6.1	10:08	5.4	3:56	0.3	4:22	0.5	6:49	6:42	
29	Fri	10:21	6.1	10:46	5.2	4:30	0.5	5:01	0.6	6:50	6:40	
30	Sat	10:59	6.0	11:32	5.0	5:04	0.7	5:43	0.8	6:51	6:38	