US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:12	5.2	1:25	5.5	7:23	0.6	8:09	0.1	7:00	4:28	
2	Sat	2:11	5.4	2:25	5.3	8:33	0.5	9:08	0.0	7:01	4:28	
3	Sun	3:08	5.7	3:24	5.2	9:38	0.3	10:03	-0.1	7:02	4:28	
4	Mon	4:04	5.9	4:23	5.2	10:37	0.1	10:54	-0.2	7:02	4:28	
5	Tue	4:58	6.1	5:20	5.3	11:31	-0.1	11:43	-0.3	7:03	4:28	
6	Wed	5:49	6.3	6:13	5.3			12:21	-0.3	7:04	4:28	
7	Thu	6:38	6.3	7:02	5.3	12:30	-0.3	1:09	-0.4	7:05	4:28	
8	Fri	7:23	6.3	7:47	5.3	1:15	-0.2	1:55	-0.3	7:06	4:28	
9	Sat	8:06	6.2	8:31	5.1	2:00	-0.1	2:40	-0.2	7:07	4:28	
10	Sun	8:48	6.0	9:14	4.9	2:43	0.1	3:23	-0.1	7:08	4:28	
11	Mon	9:30	5.7	9:57	4.7	3:24	0.2	4:05	0.1	7:09	4:28	
12	Tue	10:11	5.4	10:42	4.6	4:04	0.5	4:45	0.3	7:09	4:28	
13	Wed	10:54	5.1	11:30	4.4	4:44	0.7	5:26	0.5	7:10	4:28	
14	Thu	11:39	4.8			5:26	1.0	6:08	0.6	7:11	4:29	
15	Fri	12:19	4.4	12:27	4.6	6:13	1.2	6:54	0.7	7:12	4:29	
16	Sat	1:08	4.4	1:18	4.4	7:10	1.3	7:46	0.8	7:12	4:29	
17	Sun	1:56	4.6	2:11	4.3	8:17	1.3	8:42	0.8	7:13	4:29	
18	Mon	2:45	4.7	3:07	4.3	9:21	1.1	9:37	0.7	7:13	4:30	
19	Tue	3:35	5.0	4:04	4.4	10:20	0.8	10:29	0.5	7:14	4:30	
20	Wed	4:27	5.3	5:01	4.5	11:13	0.4	11:19	0.3	7:15	4:31	
21	Thu	5:19	5.6	5:55	4.7			12:05	0.1	7:15	4:31	
22	Fri	6:10	5.9	6:46	4.9	12:07	0.1	12:55	-0.2	7:16	4:32	
23	Sat	6:59	6.3	7:34	5.1	12:56	-0.2	1:46	-0.4	7:16	4:32	
24	Sun	7:47	6.5	8:22	5.3	1:45	-0.4	2:35	-0.6	7:16	4:33	
25	Mon	8:35	6.5	9:10	5.4	2:35	-0.5	3:24	-0.7	7:17	4:33	
26	Tue	9:24	6.5	10:01	5.4	3:24	-0.5	4:11	-0.7	7:17	4:34	
27	Wed	10:14	6.2	10:55	5.4	4:14	-0.5	4:58	-0.6	7:17	4:35	
28	Thu	11:08	5.9	11:52	5.5	5:06	-0.3	5:46	-0.5	7:18	4:36	
29	Fri			12:04	5.6	6:01	0.0	6:38	-0.3	7:18	4:36	
30	Sat	12:48	5.5	1:02	5.2	7:02	0.2	7:34	-0.1	7:18	4:37	
31	Sun	1:44	5.6	2:00	5.0	8:08	0.4	8:30	0.1	7:18	4:38	