US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:37**	5.5	**2:57**	4.8	**9:12**	0.4	**9:31**	0.1	7:18	4:39	
2	Tue	**3:34**	5.5	**3:58**	4.7	**10:14**	0.3	**10:28**	0.1	7:18	4:39	
3	Wed	**4:31**	5.6	**4:58**	4.7	**11:10**	0.1	**11:20**	0.1	7:18	4:40	
4	Thu	**5:27**	5.7	**5:54**	4.8			**12:02**	0.0	7:18	4:41	
5	Fri	**6:19**	5.7	**6:45**	4.9	**12:10**	0.0	**12:51**	-0.2	7:18	4:42	
6	Sat	**7:06**	5.8	**7:31**	5.0	**12:57**	0.0	**1:37**	-0.2	7:18	4:43	
7	Sun	**7:49**	5.8	**8:13**	5.0	**1:42**	0.0	**2:21**	-0.3	7:18	4:44	
8	Mon	**8:30**	5.7	**8:54**	5.0	**2:24**	0.0	**3:02**	-0.3	7:18	4:45	
9	Tue	**9:08**	5.6	**9:34**	4.9	**3:05**	0.1	**3:40**	-0.2	7:18	4:46	
10	Wed	**9:45**	5.3	**10:13**	4.8	**3:44**	0.3	**4:16**	-0.1	7:18	4:47	
11	Thu	**10:21**	5.1	**10:52**	4.7	**4:21**	0.4	**4:51**	0.1	7:17	4:48	
12	Fri	**10:59**	4.8	**11:32**	4.7	**4:58**	0.6	**5:25**	0.3	7:17	4:49	
13	Sat	**11:41**	4.5			**5:37**	0.8	**6:01**	0.5	7:17	4:50	
14	Sun	**12:14**	4.7	**12:28**	4.3	**6:22**	1.0	**6:43**	0.6	7:16	4:51	
15	Mon	**12:59**	4.7	**1:22**	4.2	**7:20**	1.1	**7:38**	0.8	7:16	4:53	
16	Tue	**1:49**	4.8	**2:21**	4.1	**8:32**	1.0	**8:43**	0.8	7:16	4:54	
17	Wed	**2:45**	5.0	**3:24**	4.2	**9:41**	0.8	**9:48**	0.6	7:15	4:55	
18	Thu	**3:45**	5.2	**4:27**	4.3	**10:44**	0.5	**10:46**	0.3	7:15	4:56	
19	Fri	**4:46**	5.5	**5:28**	4.6	**11:41**	0.1	**11:42**	0.0	7:14	4:57	
20	Sat	**5:45**	5.9	**6:23**	5.0			**12:34**	-0.3	7:13	4:58	
21	Sun	**6:40**	6.3	**7:15**	5.4	**12:35**	-0.4	**1:25**	-0.6	7:13	4:59	
22	Mon	**7:31**	6.6	**8:04**	5.7	**1:27**	-0.7	**2:14**	-0.9	7:12	5:01	
23	Tue	**8:19**	6.7	**8:52**	5.9	**2:19**	-0.9	**3:01**	-1.1	7:11	5:02	
24	Wed	**9:07**	6.6	**9:41**	6.1	**3:09**	-1.0	**3:47**	-1.1	7:11	5:03	
25	Thu	**9:55**	6.3	**10:31**	6.1	**3:59**	-0.9	**4:31**	-1.0	7:10	5:04	
26	Fri	**10:46**	5.9	**11:23**	6.0	**4:48**	-0.7	**5:16**	-0.8	7:09	5:05	
27	Sat	**11:39**	5.5			**5:40**	-0.4	**6:04**	-0.4	7:08	5:07	
28	Sun	**12:17**	5.8	**12:35**	5.1	**6:35**	0.0	**6:56**	0.0	7:08	5:08	
29	Mon	**1:11**	5.6	**1:33**	4.7	**7:37**	0.3	**7:56**	0.3	7:07	5:09	
30	Tue	**2:07**	5.4	**2:33**	4.5	**8:44**	0.5	**9:01**	0.5	7:06	5:10	
31	Wed	**3:06**	5.2	**3:34**	4.4	**9:50**	0.5	**10:03**	0.5	7:05	5:12	