



Rockaway Beach (inside), NY - Oct 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 9:27 | 7.3 | 9:47 | 6.5 | 3:26 | -0.7 | 3:56 | -0.6 | 6:52 | 6:37 | ☀ |
| 2 | Tue | 10:15 | 7.2 | 10:36 | 6.2 | 4:12 | -0.6 | 4:46 | -0.4 | 6:53 | 6:35 | ☀ |
| 3 | Wed | 11:04 | 6.8 | 11:29 | 5.8 | 4:59 | -0.3 | 5:36 | -0.1 | 6:54 | 6:34 | ☀ |
| 4 | Thu | 11:57 | 6.4 | | | 5:46 | 0.1 | 6:27 | 0.3 | 6:55 | 6:32 | ☀ |
| 5 | Fri | 12:25 | 5.4 | 12:53 | 6.0 | 6:37 | 0.6 | 7:23 | 0.7 | 6:56 | 6:30 | ☀ |
| 6 | Sat | 1:24 | 5.0 | 1:52 | 5.7 | 7:33 | 1.0 | 8:26 | 1.0 | 6:57 | 6:29 | ☀ |
| 7 | Sun | 2:25 | 4.8 | 2:51 | 5.5 | 8:36 | 1.2 | 9:33 | 1.1 | 6:58 | 6:27 | ☀ |
| 8 | Mon | 3:24 | 4.8 | 3:49 | 5.4 | 9:43 | 1.3 | 10:33 | 1.0 | 6:59 | 6:26 | ☀ |
| 9 | Tue | 4:22 | 4.9 | 4:46 | 5.4 | 10:45 | 1.2 | 11:25 | 0.8 | 7:00 | 6:24 | ☀ |
| 10 | Wed | 5:17 | 5.1 | 5:39 | 5.5 | 11:39 | 1.0 | | | 7:01 | 6:22 | ☀ |
| 11 | Thu | 6:08 | 5.4 | 6:27 | 5.5 | 12:09 | 0.5 | 12:26 | 0.8 | 7:02 | 6:21 | ☀ |
| 12 | Fri | 6:53 | 5.7 | 7:12 | 5.6 | 12:50 | 0.3 | 1:11 | 0.6 | 7:03 | 6:19 | ☀ |
| 13 | Sat | 7:34 | 6.0 | 7:53 | 5.6 | 1:29 | 0.2 | 1:53 | 0.5 | 7:04 | 6:18 | ☀ |
| 14 | Sun | 8:12 | 6.1 | 8:31 | 5.6 | 2:07 | 0.1 | 2:34 | 0.4 | 7:05 | 6:16 | ☀ |
| 15 | Mon | 8:46 | 6.1 | 9:07 | 5.5 | 2:45 | 0.2 | 3:14 | 0.4 | 7:06 | 6:15 | ☀ |
| 16 | Tue | 9:18 | 6.1 | 9:42 | 5.3 | 3:22 | 0.3 | 3:52 | 0.5 | 7:07 | 6:13 | ☀ |
| 17 | Wed | 9:49 | 6.0 | 10:16 | 5.1 | 3:57 | 0.5 | 4:30 | 0.6 | 7:08 | 6:12 | ☀ |
| 18 | Thu | 10:21 | 5.9 | 10:53 | 4.9 | 4:31 | 0.7 | 5:08 | 0.7 | 7:09 | 6:10 | ☀ |
| 19 | Fri | 10:58 | 5.8 | 11:37 | 4.6 | 5:05 | 0.9 | 5:48 | 0.9 | 7:11 | 6:09 | ☀ |
| 20 | Sat | 11:44 | 5.6 | | | 5:41 | 1.0 | 6:36 | 1.1 | 7:12 | 6:07 | ☀ |
| 21 | Sun | 12:33 | 4.5 | 12:42 | 5.6 | 6:26 | 1.1 | 7:36 | 1.1 | 7:13 | 6:06 | ☀ |
| 22 | Mon | 1:38 | 4.5 | 1:49 | 5.6 | 7:29 | 1.2 | 8:47 | 1.1 | 7:14 | 6:04 | ☀ |
| 23 | Tue | 2:42 | 4.7 | 2:55 | 5.6 | 8:48 | 1.2 | 9:55 | 0.8 | 7:15 | 6:03 | ☀ |
| 24 | Wed | 3:45 | 5.0 | 3:59 | 5.8 | 10:05 | 0.9 | 10:54 | 0.4 | 7:16 | 6:02 | ☀ |
| 25 | Thu | 4:45 | 5.5 | 5:01 | 5.9 | 11:10 | 0.5 | 11:47 | 0.0 | 7:17 | 6:00 | ☀ |
| 26 | Fri | 5:43 | 6.1 | 6:01 | 6.1 | | | 12:09 | 0.0 | 7:18 | 5:59 | ☀ |
| 27 | Sat | 6:37 | 6.6 | 6:57 | 6.2 | 12:36 | -0.4 | 1:03 | -0.4 | 7:20 | 5:58 | ☀ |
| 28 | Sun | 7:28 | 7.0 | 7:49 | 6.3 | 1:24 | -0.6 | 1:56 | -0.6 | 7:21 | 5:56 | ☀ |
| 29 | Mon | 8:17 | 7.2 | 8:39 | 6.3 | 2:12 | -0.7 | 2:47 | -0.7 | 7:22 | 5:55 | ☀ |
| 30 | Tue | 9:04 | 7.2 | 9:28 | 6.1 | 3:00 | -0.7 | 3:37 | -0.7 | 7:23 | 5:54 | ☀ |
| 31 | Wed | 9:52 | 7.0 | 10:17 | 5.8 | 3:48 | -0.5 | 4:27 | -0.5 | 7:24 | 5:53 | ☀ |