





























Rockaway Beach (inside), NY - Jan 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:58	5.5	2:24	5.0	8:32	0.4	8:52	0.0	7:18	4:39	
2	Sun	2:54	5.5	3:22	4.9	9:36	0.4	9:50	0.0	7:18	4:40	
3	Mon	3:50	5.5	4:21	4.8	10:34	0.2	10:43	0.0	7:18	4:40	
4	Tue	4:46	5.5	5:17	4.9	11:27	0.1	11:33	-0.1	7:18	4:41	
5	Wed	5:38	5.6	6:10	5.0			12:16	-0.1	7:18	4:42	
6	Thu	6:27	5.7	6:57	5.1	12:20	-0.1	1:02	-0.2	7:18	4:43	
7	Fri	7:11	5.8	7:41	5.2	1:05	-0.2	1:45	-0.3	7:18	4:44	
8	Sat	7:52	5.8	8:22	5.2	1:48	-0.2	2:27	-0.3	7:18	4:45	
9	Sun	8:30	5.7	9:01	5.1	2:30	-0.1	3:06	-0.2	7:18	4:46	
10	Mon	9:06	5.5	9:39	5.0	3:09	0.0	3:43	-0.2	7:18	4:47	
11	Tue	9:41	5.3	10:17	4.9	3:48	0.2	4:18	0.0	7:17	4:48	
12	Wed	10:16	5.1	10:56	4.8	4:25	0.3	4:52	0.2	7:17	4:49	
13	Thu	10:53	4.9	11:36	4.7	5:02	0.5	5:26	0.3	7:17	4:50	
14	Fri	11:36	4.7			5:42	0.7	6:02	0.5	7:16	4:51	
15	Sat	12:21	4.7	12:27	4.5	6:30	0.8	6:47	0.6	7:16	4:53	
16	Sun	1:11	4.8	1:25	4.4	7:33	0.9	7:50	0.7	7:16	4:54	
17	Mon	2:05	5.0	2:28	4.4	8:46	0.8	9:01	0.6	7:15	4:55	
18	Tue	3:04	5.2	3:32	4.5	9:54	0.5	10:05	0.4	7:15	4:56	
19	Wed	4:06	5.5	4:37	4.7	10:55	0.1	11:04	0.0	7:14	4:57	
20	Thu	5:07	5.9	5:37	5.1	11:51	-0.3			7:13	4:58	
21	Fri	6:05	6.3	6:33	5.5	12:00	-0.4	12:44	-0.7	7:13	4:59	
22	Sat	6:58	6.6	7:26	5.9	12:54	-0.8	1:36	-1.1	7:12	5:01	
23	Sun	7:49	6.8	8:16	6.1	1:46	-1.0	2:25	-1.3	7:11	5:02	
24	Mon	8:38	6.8	9:05	6.3	2:38	-1.1	3:13	-1.4	7:11	5:03	
25	Tue	9:27	6.7	9:55	6.3	3:29	-1.1	4:00	-1.3	7:10	5:04	
26	Wed	10:18	6.3	10:46	6.1	4:18	-0.9	4:46	-1.1	7:09	5:05	
27	Thu	11:10	5.9	11:39	5.9	5:08	-0.6	5:33	-0.8	7:08	5:07	
28	Fri			12:04	5.5	6:00	-0.2	6:23	-0.4	7:08	5:08	
29	Sat	12:33	5.7	1:00	5.1	6:57	0.1	7:17	0.0	7:07	5:09	
30	Sun	1:27	5.4	1:57	4.8	8:00	0.4	8:17	0.3	7:06	5:10	
31	Mon	2:23	5.3	2:55	4.6	9:06	0.5	9:18	0.4	7:05	5:12	