


































Rockaway Beach (inside), NY - Mar 2051

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 10:04 | 5.1 | 10:28 | 5.3 | 4:13 | 0.1 | 4:27 | 0.2 | 6:28 | 5:46 |  |
| 2 | Thu | 10:39 | 4.9 | 11:04 | 5.2 | 4:49 | 0.3 | 4:58 | 0.5 | 6:27 | 5:47 |  |
| 3 | Fri | 11:20 | 4.7 | 11:44 | 5.1 | 5:26 | 0.5 | 5:29 | 0.7 | 6:25 | 5:48 |  |
| 4 | Sat | | | 12:08 | 4.5 | 6:09 | 0.7 | 6:07 | 0.9 | 6:23 | 5:49 |  |
| 5 | Sun | 12:34 | 5.0 | 1:06 | 4.4 | 7:07 | 0.9 | 7:08 | 1.0 | 6:22 | 5:50 |  |
| 6 | Mon | 1:32 | 5.0 | 2:08 | 4.4 | 8:20 | 0.9 | 8:30 | 1.0 | 6:20 | 5:52 |  |
| 7 | Tue | 2:35 | 5.2 | 3:13 | 4.6 | 9:31 | 0.7 | 9:44 | 0.8 | 6:19 | 5:53 |  |
| 8 | Wed | 3:40 | 5.4 | 4:17 | 4.9 | 10:33 | 0.3 | 10:47 | 0.4 | 6:17 | 5:54 |  |
| 9 | Thu | 4:44 | 5.7 | 5:17 | 5.4 | 11:28 | -0.1 | 11:44 | -0.1 | 6:16 | 5:55 |  |
| 10 | Fri | 5:44 | 6.1 | 6:13 | 5.9 | | | 12:20 | -0.5 | 6:14 | 5:56 |  |
| 11 | Sat | 6:38 | 6.4 | 7:05 | 6.4 | 12:38 | -0.6 | 1:10 | -0.9 | 6:12 | 5:57 |  |
| 12 | Sun | 8:30 | 6.6 | 8:53 | 6.8 | 1:31 | -0.9 | 2:59 | -1.1 | 7:11 | 6:58 |  |
| 13 | Mon | 9:19 | 6.7 | 9:41 | 7.0 | 3:23 | -1.1 | 3:46 | -1.2 | 7:09 | 6:59 |  |
| 14 | Tue | 10:08 | 6.6 | 10:29 | 6.9 | 4:13 | -1.1 | 4:33 | -1.1 | 7:07 | 7:00 |  |
| 15 | Wed | 10:58 | 6.3 | 11:19 | 6.7 | 5:02 | -1.0 | 5:19 | -0.9 | 7:06 | 7:01 |  |
| 16 | Thu | 11:50 | 6.0 | | | 5:51 | -0.7 | 6:07 | -0.5 | 7:04 | 7:02 |  |
| 17 | Fri | 12:11 | 6.4 | 12:45 | 5.6 | 6:42 | -0.3 | 6:57 | -0.1 | 7:03 | 7:04 |  |
| 18 | Sat | 1:06 | 6.0 | 1:43 | 5.3 | 7:38 | 0.1 | 7:52 | 0.3 | 7:01 | 7:05 |  |
| 19 | Sun | 2:02 | 5.7 | 2:41 | 5.1 | 8:40 | 0.5 | 8:54 | 0.6 | 6:59 | 7:06 |  |
| 20 | Mon | 3:00 | 5.4 | 3:39 | 4.9 | 9:45 | 0.6 | 9:59 | 0.8 | 6:58 | 7:07 |  |
| 21 | Tue | 3:58 | 5.2 | 4:38 | 5.0 | 10:48 | 0.6 | 11:00 | 0.7 | 6:56 | 7:08 |  |
| 22 | Wed | 4:56 | 5.2 | 5:35 | 5.1 | 11:42 | 0.4 | 11:54 | 0.5 | 6:54 | 7:09 |  |
| 23 | Thu | 5:53 | 5.3 | 6:28 | 5.4 | | | 12:30 | 0.3 | 6:53 | 7:10 |  |
| 24 | Fri | 6:45 | 5.4 | 7:16 | 5.6 | 12:43 | 0.3 | 1:14 | 0.1 | 6:51 | 7:11 |  |
| 25 | Sat | 7:31 | 5.5 | 7:59 | 5.8 | 1:29 | 0.2 | 1:55 | 0.0 | 6:49 | 7:12 |  |
| 26 | Sun | 8:13 | 5.6 | 8:38 | 6.0 | 2:13 | 0.0 | 2:35 | -0.1 | 6:48 | 7:13 |  |
| 27 | Mon | 8:52 | 5.6 | 9:15 | 6.0 | 2:55 | 0.0 | 3:13 | 0.0 | 6:46 | 7:14 |  |
| 28 | Tue | 9:28 | 5.5 | 9:49 | 5.9 | 3:35 | 0.0 | 3:50 | 0.1 | 6:44 | 7:15 |  |
| 29 | Wed | 10:03 | 5.4 | 10:22 | 5.8 | 4:14 | 0.0 | 4:25 | 0.3 | 6:43 | 7:16 |  |
| 30 | Thu | 10:38 | 5.2 | 10:53 | 5.7 | 4:51 | 0.1 | 4:58 | 0.5 | 6:41 | 7:17 |  |
| 31 | Fri | 11:13 | 5.0 | 11:27 | 5.5 | 5:27 | 0.3 | 5:29 | 0.7 | 6:40 | 7:18 |  |