

































## Rockaway Beach (inside), NY - Jan 2053

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Wed | 4:27  | 6.0 | 5:01  | 5.3 | 11:13 | -0.3 | 11:25 | -0.6 | 7:18  | 4:39 |    |
| 2    | Thu | 5:27  | 6.3 | 6:01  | 5.6 |       |      | 12:10 | -0.7 | 7:18  | 4:40 |    |
| 3    | Fri | 6:23  | 6.7 | 6:56  | 5.8 | 12:20 | -0.9 | 1:04  | -1.0 | 7:18  | 4:41 |    |
| 4    | Sat | 7:16  | 6.9 | 7:48  | 6.0 | 1:13  | -1.1 | 1:56  | -1.2 | 7:18  | 4:42 |    |
| 5    | Sun | 8:07  | 6.9 | 8:39  | 6.1 | 2:05  | -1.2 | 2:47  | -1.2 | 7:18  | 4:42 |    |
| 6    | Mon | 8:56  | 6.8 | 9:29  | 6.0 | 2:56  | -1.1 | 3:35  | -1.2 | 7:18  | 4:43 |    |
| 7    | Tue | 9:45  | 6.5 | 10:20 | 5.8 | 3:45  | -0.9 | 4:22  | -1.0 | 7:18  | 4:44 |    |
| 8    | Wed | 10:35 | 6.1 | 11:11 | 5.6 | 4:33  | -0.6 | 5:08  | -0.7 | 7:18  | 4:45 |    |
| 9    | Thu | 11:25 | 5.7 |       |     | 5:21  | -0.3 | 5:55  | -0.4 | 7:18  | 4:46 |    |
| 10   | Fri | 12:03 | 5.4 | 12:17 | 5.3 | 6:11  | 0.1  | 6:43  | 0.0  | 7:18  | 4:47 |    |
| 11   | Sat | 12:55 | 5.2 | 1:10  | 4.9 | 7:06  | 0.4  | 7:35  | 0.3  | 7:17  | 4:49 |    |
| 12   | Sun | 1:47  | 5.1 | 2:03  | 4.7 | 8:05  | 0.6  | 8:31  | 0.4  | 7:17  | 4:50 |   |
| 13   | Mon | 2:38  | 5.0 | 2:57  | 4.5 | 9:06  | 0.7  | 9:26  | 0.5  | 7:17  | 4:51 |  |
| 14   | Tue | 3:31  | 5.1 | 3:52  | 4.5 | 10:03 | 0.6  | 10:19 | 0.4  | 7:16  | 4:52 |  |
| 15   | Wed | 4:24  | 5.1 | 4:47  | 4.5 | 10:55 | 0.4  | 11:08 | 0.3  | 7:16  | 4:53 |  |
| 16   | Thu | 5:15  | 5.3 | 5:39  | 4.7 | 11:44 | 0.2  | 11:55 | 0.2  | 7:15  | 4:54 |  |
| 17   | Fri | 6:04  | 5.4 | 6:27  | 4.8 |       |      | 12:31 | 0.0  | 7:15  | 4:55 |  |
| 18   | Sat | 6:47  | 5.6 | 7:10  | 5.0 | 12:40 | 0.0  | 1:15  | -0.2 | 7:14  | 4:56 |  |
| 19   | Sun | 7:28  | 5.7 | 7:50  | 5.0 | 1:23  | 0.0  | 1:58  | -0.3 | 7:14  | 4:57 |  |
| 20   | Mon | 8:05  | 5.7 | 8:28  | 5.1 | 2:05  | 0.0  | 2:39  | -0.4 | 7:13  | 4:59 |  |
| 21   | Tue | 8:41  | 5.7 | 9:05  | 5.1 | 2:45  | 0.0  | 3:19  | -0.4 | 7:13  | 5:00 |  |
| 22   | Wed | 9:16  | 5.7 | 9:42  | 5.1 | 3:24  | 0.0  | 3:56  | -0.3 | 7:12  | 5:01 |  |
| 23   | Thu | 9:54  | 5.5 | 10:22 | 5.1 | 4:01  | 0.1  | 4:33  | -0.2 | 7:11  | 5:02 |  |
| 24   | Fri | 10:37 | 5.4 | 11:07 | 5.2 | 4:40  | 0.2  | 5:12  | -0.1 | 7:10  | 5:03 |  |
| 25   | Sat | 11:27 | 5.2 | 11:59 | 5.2 | 5:24  | 0.3  | 5:54  | 0.0  | 7:10  | 5:05 |  |
| 26   | Sun |       |     | 12:24 | 5.0 | 6:17  | 0.4  | 6:46  | 0.1  | 7:09  | 5:06 |  |
| 27   | Mon | 12:56 | 5.3 | 1:26  | 4.9 | 7:25  | 0.5  | 7:51  | 0.2  | 7:08  | 5:07 |  |
| 28   | Tue | 1:57  | 5.4 | 2:31  | 4.8 | 8:41  | 0.4  | 9:01  | 0.1  | 7:07  | 5:08 |  |
| 29   | Wed | 3:00  | 5.6 | 3:37  | 4.9 | 9:52  | 0.2  | 10:06 | -0.1 | 7:06  | 5:09 |  |
| 30   | Thu | 4:04  | 5.8 | 4:42  | 5.2 | 10:55 | -0.1 | 11:06 | -0.4 | 7:05  | 5:11 |  |
| 31   | Fri | 5:07  | 6.1 | 5:43  | 5.5 | 11:53 | -0.5 |       |      | 7:05  | 5:12 |  |