

































Rockaway Beach (inside), NY - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:48	5.9	5:26	5.6	11:34	-0.3	11:47	-0.4	6:27	5:47	
2	Sun	5:48	6.1	6:22	5.9			12:27	-0.6	6:26	5:48	
3	Mon	6:42	6.3	7:13	6.2	12:40	-0.6	1:16	-0.8	6:24	5:49	
4	Tue	7:31	6.4	7:59	6.4	1:30	-0.8	2:03	-0.9	6:23	5:50	
5	Wed	8:16	6.4	8:43	6.4	2:18	-0.8	2:46	-0.9	6:21	5:51	
6	Thu	9:00	6.2	9:26	6.3	3:03	-0.7	3:27	-0.7	6:20	5:52	
7	Fri	9:42	5.9	10:08	6.0	3:45	-0.5	4:06	-0.4	6:18	5:53	
8	Sat	10:26	5.5	10:51	5.8	4:27	-0.3	4:44	-0.1	6:16	5:54	
9	Sun			12:10	5.2	6:08	0.1	6:23	0.3	7:15	6:55	
10	Mon	12:35	5.5	12:57	4.8	6:51	0.4	7:04	0.7	7:13	6:57	
11	Tue	1:22	5.2	1:47	4.6	7:39	0.7	7:52	1.0	7:12	6:58	
12	Wed	2:12	5.0	2:40	4.4	8:36	1.0	8:51	1.2	7:10	6:59	
13	Thu	3:04	4.8	3:35	4.4	9:40	1.0	9:57	1.2	7:08	7:00	
14	Fri	3:59	4.8	4:33	4.5	10:42	0.9	10:58	1.1	7:07	7:01	
15	Sat	4:56	4.9	5:30	4.7	11:37	0.7	11:53	0.8	7:05	7:02	
16	Sun	5:52	5.1	6:23	5.0			12:28	0.4	7:03	7:03	
17	Mon	6:44	5.4	7:11	5.3	12:43	0.5	1:15	0.1	7:02	7:04	
18	Tue	7:31	5.7	7:55	5.7	1:31	0.2	2:00	-0.2	7:00	7:05	
19	Wed	8:14	5.9	8:36	6.0	2:17	0.0	2:43	-0.4	6:58	7:06	
20	Thu	8:56	6.0	9:16	6.2	3:02	-0.3	3:25	-0.5	6:57	7:07	
21	Fri	9:38	6.1	9:56	6.4	3:47	-0.4	4:06	-0.5	6:55	7:08	
22	Sat	10:22	6.0	10:40	6.4	4:31	-0.5	4:48	-0.4	6:53	7:09	
23	Sun	11:09	5.8	11:27	6.4	5:16	-0.4	5:30	-0.3	6:52	7:10	
24	Mon			12:01	5.6	6:04	-0.2	6:17	-0.1	6:50	7:11	
25	Tue	12:20	6.2	12:58	5.4	6:56	0.0	7:09	0.2	6:49	7:13	
26	Wed	1:18	6.0	1:59	5.2	7:57	0.3	8:12	0.4	6:47	7:14	
27	Thu	2:19	5.8	3:02	5.2	9:05	0.4	9:22	0.5	6:45	7:15	
28	Fri	3:22	5.7	4:05	5.3	10:14	0.3	10:30	0.4	6:44	7:16	
29	Sat	4:25	5.7	5:07	5.5	11:17	0.1	11:33	0.2	6:42	7:17	
30	Sun	5:27	5.8	6:07	5.8			12:12	-0.1	6:40	7:18	
31	Mon	6:26	5.9	7:01	6.1	12:29	0.0	1:03	-0.3	6:39	7:19	