

































## Rockaway Beach (inside), NY - Dec 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:15	5.9	6:09	0.1	6:54	-0.1	7:00	4:28	
2	Tue	12:59	5.4	1:15	5.6	7:11	0.3	7:56	0.0	7:01	4:28	
3	Wed	1:58	5.5	2:14	5.4	8:18	0.4	8:57	0.0	7:02	4:28	
4	Thu	2:55	5.6	3:12	5.3	9:22	0.3	9:53	-0.1	7:03	4:28	
5	Fri	3:51	5.7	4:09	5.3	10:20	0.2	10:44	-0.2	7:03	4:28	
6	Sat	4:44	5.9	5:04	5.3	11:13	0.0	11:31	-0.3	7:04	4:28	
7	Sun	5:35	6.0	5:55	5.4			12:01	-0.2	7:05	4:28	
8	Mon	6:22	6.1	6:42	5.4	12:15	-0.3	12:47	-0.3	7:06	4:28	
9	Tue	7:05	6.2	7:26	5.4	12:58	-0.3	1:31	-0.3	7:07	4:28	
10	Wed	7:46	6.1	8:07	5.3	1:40	-0.2	2:14	-0.3	7:08	4:28	
11	Thu	8:25	6.0	8:47	5.2	2:21	-0.1	2:55	-0.2	7:09	4:28	
12	Fri	9:03	5.8	9:27	5.0	3:00	0.1	3:35	-0.1	7:09	4:28	
13	Sat	9:40	5.5	10:07	4.8	3:39	0.3	4:14	0.1	7:10	4:28	
14	Sun	10:17	5.3	10:48	4.6	4:16	0.5	4:53	0.3	7:11	4:29	
15	Mon	10:57	5.0	11:33	4.5	4:53	0.8	5:32	0.4	7:12	4:29	
16	Tue	11:41	4.9			5:32	1.0	6:16	0.6	7:12	4:29	
17	Wed	12:22	4.5	12:32	4.7	6:20	1.1	7:07	0.6	7:13	4:29	
18	Thu	1:13	4.6	1:28	4.7	7:23	1.1	8:05	0.6	7:13	4:30	
19	Fri	2:06	4.8	2:26	4.7	8:35	1.0	9:06	0.5	7:14	4:30	
20	Sat	3:00	5.1	3:27	4.8	9:42	0.7	10:02	0.2	7:15	4:31	
21	Sun	3:56	5.4	4:27	5.0	10:41	0.3	10:56	-0.1	7:15	4:31	
22	Mon	4:53	5.9	5:26	5.2	11:37	-0.1	11:48	-0.4	7:16	4:32	
23	Tue	5:48	6.3	6:21	5.5			12:30	-0.5	7:16	4:32	
24	Wed	6:41	6.6	7:14	5.8	12:39	-0.7	1:23	-0.8	7:16	4:33	
25	Thu	7:32	6.9	8:04	5.9	1:31	-0.9	2:14	-1.0	7:17	4:33	
26	Fri	8:22	6.9	8:55	6.0	2:22	-1.1	3:05	-1.1	7:17	4:34	
27	Sat	9:12	6.8	9:47	5.9	3:13	-1.0	3:55	-1.1	7:17	4:35	
28	Sun	10:04	6.6	10:41	5.8	4:04	-0.9	4:44	-1.0	7:18	4:36	
29	Mon	10:58	6.2	11:38	5.7	4:56	-0.6	5:34	-0.7	7:18	4:36	
30	Tue	11:54	5.8			5:49	-0.3	6:27	-0.4	7:18	4:37	
31	Wed	12:34	5.5	12:50	5.5	6:47	0.0	7:23	-0.2	7:18	4:38	