

































## Rockaway Beach (inside), NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:32	5.4	1:48	5.2	7:50	0.3	8:23	0.0	7:18	4:39	
2	Fri	2:27	5.4	2:44	5.0	8:53	0.4	9:21	0.1	7:18	4:40	
3	Sat	3:21	5.4	3:41	4.8	9:54	0.3	10:14	0.1	7:18	4:40	
4	Sun	4:15	5.5	4:37	4.8	10:48	0.2	11:03	0.0	7:18	4:41	
5	Mon	5:08	5.6	5:31	4.9	11:38	0.0	11:50	0.0	7:18	4:42	
6	Tue	5:57	5.7	6:20	5.0			12:25	-0.1	7:18	4:43	
7	Wed	6:43	5.8	7:05	5.0	12:34	-0.1	1:09	-0.2	7:18	4:44	
8	Thu	7:25	5.8	7:47	5.1	1:17	-0.1	1:52	-0.3	7:18	4:45	
9	Fri	8:04	5.7	8:26	5.0	1:59	-0.1	2:34	-0.3	7:18	4:46	
10	Sat	8:41	5.6	9:04	5.0	2:39	0.0	3:13	-0.2	7:18	4:47	
11	Sun	9:16	5.5	9:41	4.8	3:18	0.1	3:51	-0.1	7:17	4:48	
12	Mon	9:51	5.3	10:18	4.7	3:54	0.3	4:28	0.0	7:17	4:49	
13	Tue	10:26	5.1	10:57	4.7	4:29	0.5	5:03	0.1	7:17	4:50	
14	Wed	11:06	4.9	11:41	4.7	5:05	0.6	5:40	0.3	7:16	4:51	
15	Thu	11:53	4.8			5:45	0.8	6:22	0.4	7:16	4:53	
16	Fri	12:30	4.7	12:50	4.7	6:39	0.8	7:16	0.5	7:15	4:54	
17	Sat	1:24	4.9	1:51	4.6	7:53	0.8	8:21	0.5	7:15	4:55	
18	Sun	2:22	5.1	2:55	4.6	9:08	0.6	9:27	0.3	7:14	4:56	
19	Mon	3:23	5.4	4:00	4.8	10:15	0.3	10:28	0.0	7:14	4:57	
20	Tue	4:25	5.8	5:03	5.1	11:16	-0.1	11:25	-0.4	7:13	4:58	
21	Wed	5:26	6.2	6:02	5.4			12:12	-0.6	7:13	5:00	
22	Thu	6:23	6.5	6:58	5.8	12:21	-0.8	1:06	-0.9	7:12	5:01	
23	Fri	7:17	6.8	7:50	6.0	1:14	-1.0	1:58	-1.2	7:11	5:02	
24	Sat	8:08	6.9	8:40	6.2	2:07	-1.2	2:48	-1.3	7:11	5:03	
25	Sun	8:57	6.8	9:30	6.2	2:58	-1.2	3:36	-1.3	7:10	5:04	
26	Mon	9:47	6.6	10:21	6.1	3:48	-1.1	4:23	-1.2	7:09	5:06	
27	Tue	10:38	6.2	11:13	5.9	4:37	-0.8	5:10	-0.9	7:08	5:07	
28	Wed	11:30	5.8			5:27	-0.5	5:57	-0.5	7:07	5:08	
29	Thu	12:06	5.7	12:23	5.4	6:19	-0.1	6:48	-0.1	7:07	5:09	
30	Fri	12:59	5.5	1:18	5.0	7:16	0.3	7:43	0.2	7:06	5:10	
31	Sat	1:52	5.3	2:13	4.7	8:18	0.5	8:41	0.4	7:05	5:12	