

































## Rockaway Beach (inside), NY - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:40	5.3	9:58	5.3	3:46	0.2	4:06	0.0	6:28	5:46	
2	Tue	10:14	5.1	10:31	5.3	4:21	0.3	4:38	0.2	6:27	5:47	
3	Wed	10:51	4.9	11:08	5.2	4:55	0.5	5:09	0.4	6:25	5:48	
4	Thu	11:35	4.7	11:52	5.2	5:31	0.6	5:44	0.6	6:23	5:49	
5	Fri			12:28	4.6	6:16	0.8	6:29	0.8	6:22	5:50	
6	Sat	12:45	5.2	1:29	4.5	7:23	0.9	7:37	0.9	6:20	5:52	
7	Sun	1:47	5.2	2:34	4.5	8:43	0.8	8:56	0.8	6:19	5:53	
8	Mon	2:52	5.4	3:40	4.7	9:55	0.6	10:05	0.5	6:17	5:54	
9	Tue	3:59	5.7	4:44	5.1	10:57	0.2	11:07	0.0	6:16	5:55	
10	Wed	5:04	6.0	5:44	5.6	11:52	-0.3			6:14	5:56	
11	Thu	6:04	6.4	6:39	6.1	12:04	-0.4	12:45	-0.7	6:12	5:57	
12	Fri	6:58	6.7	7:30	6.5	12:58	-0.8	1:35	-1.0	6:11	5:58	
13	Sat	7:49	6.8	8:19	6.8	1:51	-1.1	2:23	-1.2	6:09	5:59	
14	Sun	9:38	6.8	10:07	6.9	3:42	-1.2	4:10	-1.2	7:07	7:00	
15	Mon	10:27	6.6	10:55	6.8	4:32	-1.1	4:56	-1.0	7:06	7:01	
16	Tue	11:16	6.2	11:45	6.5	5:20	-0.9	5:41	-0.7	7:04	7:02	
17	Wed			12:08	5.8	6:09	-0.6	6:27	-0.3	7:03	7:04	
18	Thu	12:36	6.2	1:02	5.4	6:59	-0.1	7:17	0.2	7:01	7:05	
19	Fri	1:29	5.8	1:58	5.1	7:54	0.3	8:12	0.6	6:59	7:06	
20	Sat	2:24	5.5	2:55	4.8	8:56	0.6	9:14	0.9	6:58	7:07	
21	Sun	3:21	5.3	3:53	4.7	10:00	0.7	10:18	1.0	6:56	7:08	
22	Mon	4:18	5.1	4:51	4.8	11:00	0.7	11:17	0.9	6:54	7:09	
23	Tue	5:16	5.2	5:48	4.9	11:53	0.5			6:53	7:10	
24	Wed	6:12	5.3	6:40	5.2	12:09	0.7	12:41	0.3	6:51	7:11	
25	Thu	7:02	5.4	7:27	5.4	12:57	0.5	1:25	0.1	6:49	7:12	
26	Fri	7:47	5.5	8:09	5.7	1:43	0.3	2:07	0.0	6:48	7:13	
27	Sat	8:27	5.6	8:47	5.8	2:26	0.2	2:47	-0.1	6:46	7:14	
28	Sun	9:05	5.6	9:22	5.8	3:07	0.1	3:25	-0.1	6:44	7:15	
29	Mon	9:40	5.5	9:55	5.8	3:46	0.1	4:01	0.0	6:43	7:16	
30	Tue	10:15	5.4	10:26	5.8	4:24	0.2	4:36	0.2	6:41	7:17	
31	Wed	10:50	5.2	10:58	5.7	5:00	0.3	5:09	0.4	6:39	7:18	