


































## Rockaway Beach (inside), NY - Jul 2055

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu | 1:36  | 6.0 | 2:22  | 6.0 | 8:13  | 0.0  | 8:39  | 0.6  | 5:28  | 8:30 |    |
| 2    | Fri | 2:34  | 5.8 | 3:17  | 6.1 | 9:11  | 0.1  | 9:45  | 0.6  | 5:29  | 8:29 |    |
| 3    | Sat | 3:32  | 5.6 | 4:13  | 6.3 | 10:10 | 0.1  | 10:48 | 0.4  | 5:29  | 8:29 |    |
| 4    | Sun | 4:31  | 5.5 | 5:09  | 6.4 | 11:06 | 0.0  | 11:47 | 0.3  | 5:30  | 8:29 |    |
| 5    | Mon | 5:31  | 5.5 | 6:05  | 6.5 |       |      | 12:00 | 0.0  | 5:30  | 8:29 |    |
| 6    | Tue | 6:29  | 5.5 | 6:59  | 6.6 | 12:41 | 0.1  | 12:51 | 0.0  | 5:31  | 8:29 |    |
| 7    | Wed | 7:25  | 5.5 | 7:49  | 6.6 | 1:33  | -0.1 | 1:41  | 0.1  | 5:31  | 8:28 |    |
| 8    | Thu | 8:16  | 5.6 | 8:36  | 6.6 | 2:23  | -0.1 | 2:30  | 0.1  | 5:32  | 8:28 |    |
| 9    | Fri | 9:04  | 5.6 | 9:21  | 6.5 | 3:11  | -0.2 | 3:17  | 0.3  | 5:33  | 8:28 |    |
| 10   | Sat | 9:49  | 5.5 | 10:04 | 6.3 | 3:56  | -0.1 | 4:01  | 0.4  | 5:33  | 8:27 |    |
| 11   | Sun | 10:34 | 5.4 | 10:47 | 6.0 | 4:39  | 0.0  | 4:44  | 0.6  | 5:34  | 8:27 |    |
| 12   | Mon | 11:18 | 5.3 | 11:29 | 5.7 | 5:20  | 0.1  | 5:25  | 0.8  | 5:35  | 8:26 |   |
| 13   | Tue |       |     | 12:03 | 5.2 | 5:59  | 0.3  | 6:07  | 1.0  | 5:36  | 8:26 |  |
| 14   | Wed | 12:13 | 5.4 | 12:49 | 5.1 | 6:38  | 0.5  | 6:50  | 1.2  | 5:36  | 8:25 |  |
| 15   | Thu | 12:57 | 5.2 | 1:34  | 5.1 | 7:19  | 0.6  | 7:38  | 1.4  | 5:37  | 8:25 |  |
| 16   | Fri | 1:44  | 5.0 | 2:19  | 5.2 | 8:04  | 0.8  | 8:33  | 1.5  | 5:38  | 8:24 |  |
| 17   | Sat | 2:32  | 4.8 | 3:05  | 5.3 | 8:54  | 0.9  | 9:34  | 1.4  | 5:39  | 8:23 |  |
| 18   | Sun | 3:23  | 4.7 | 3:53  | 5.4 | 9:49  | 0.9  | 10:35 | 1.3  | 5:40  | 8:23 |  |
| 19   | Mon | 4:18  | 4.7 | 4:43  | 5.6 | 10:43 | 0.8  | 11:31 | 1.0  | 5:40  | 8:22 |  |
| 20   | Tue | 5:15  | 4.8 | 5:36  | 5.9 | 11:36 | 0.7  |       |      | 5:41  | 8:21 |  |
| 21   | Wed | 6:12  | 5.0 | 6:29  | 6.2 | 12:25 | 0.7  | 12:28 | 0.5  | 5:42  | 8:21 |  |
| 22   | Thu | 7:06  | 5.2 | 7:20  | 6.5 | 1:17  | 0.3  | 1:18  | 0.3  | 5:43  | 8:20 |  |
| 23   | Fri | 7:58  | 5.5 | 8:10  | 6.8 | 2:08  | 0.0  | 2:09  | 0.1  | 5:44  | 8:19 |  |
| 24   | Sat | 8:47  | 5.7 | 8:58  | 6.9 | 2:58  | -0.2 | 3:00  | -0.1 | 5:45  | 8:18 |  |
| 25   | Sun | 9:35  | 5.9 | 9:46  | 7.0 | 3:47  | -0.4 | 3:51  | -0.2 | 5:46  | 8:17 |  |
| 26   | Mon | 10:25 | 6.1 | 10:36 | 6.8 | 4:34  | -0.5 | 4:41  | -0.2 | 5:47  | 8:16 |  |
| 27   | Tue | 11:16 | 6.2 | 11:27 | 6.6 | 5:20  | -0.6 | 5:32  | -0.1 | 5:47  | 8:15 |  |
| 28   | Wed |       |     | 12:10 | 6.2 | 6:07  | -0.5 | 6:24  | 0.1  | 5:48  | 8:14 |  |
| 29   | Thu | 12:22 | 6.3 | 1:04  | 6.2 | 6:56  | -0.3 | 7:19  | 0.3  | 5:49  | 8:13 |  |
| 30   | Fri | 1:18  | 6.0 | 2:00  | 6.3 | 7:48  | -0.1 | 8:20  | 0.5  | 5:50  | 8:12 |  |
| 31   | Sat | 2:15  | 5.7 | 2:55  | 6.2 | 8:44  | 0.1  | 9:24  | 0.6  | 5:51  | 8:11 |  |