

































Rockaway Beach (inside), NY - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:02	5.5	6:00	-0.1	6:09	0.6	5:28	8:29	
2	Sun	12:16	5.9	12:52	5.4	6:44	0.1	6:56	0.9	5:29	8:29	
3	Mon	1:06	5.6	1:42	5.3	7:29	0.4	7:47	1.1	5:29	8:29	
4	Tue	1:55	5.3	2:30	5.3	8:16	0.6	8:43	1.3	5:30	8:29	
5	Wed	2:44	5.0	3:17	5.4	9:05	0.7	9:41	1.3	5:31	8:29	
6	Thu	3:34	4.9	4:05	5.5	9:56	0.7	10:38	1.2	5:31	8:28	
7	Fri	4:26	4.8	4:53	5.6	10:47	0.7	11:32	1.0	5:32	8:28	
8	Sat	5:19	4.8	5:42	5.7	11:36	0.7			5:33	8:28	
9	Sun	6:12	4.8	6:30	5.8	12:22	0.8	12:24	0.6	5:33	8:27	
10	Mon	7:03	4.9	7:16	6.0	1:10	0.6	1:11	0.6	5:34	8:27	
11	Tue	7:51	5.0	7:59	6.2	1:58	0.4	1:57	0.5	5:35	8:26	
12	Wed	8:35	5.2	8:40	6.3	2:44	0.3	2:43	0.5	5:35	8:26	
13	Thu	9:18	5.2	9:21	6.4	3:29	0.1	3:27	0.5	5:36	8:25	
14	Fri	10:01	5.3	10:03	6.4	4:13	0.0	4:12	0.4	5:37	8:25	
15	Sat	10:45	5.4	10:47	6.3	4:56	0.0	4:56	0.4	5:38	8:24	
16	Sun	11:32	5.5	11:36	6.2	5:38	0.0	5:42	0.5	5:39	8:24	
17	Mon			12:23	5.6	6:21	0.0	6:32	0.5	5:39	8:23	
18	Tue	12:29	6.0	1:17	5.8	7:07	0.1	7:28	0.6	5:40	8:22	
19	Wed	1:26	5.8	2:12	6.0	7:59	0.2	8:31	0.7	5:41	8:21	
20	Thu	2:24	5.6	3:07	6.1	8:57	0.3	9:39	0.7	5:42	8:21	
21	Fri	3:24	5.5	4:04	6.3	9:58	0.3	10:45	0.5	5:43	8:20	
22	Sat	4:26	5.4	5:03	6.4	10:59	0.2	11:46	0.3	5:44	8:19	
23	Sun	5:29	5.4	6:02	6.6	11:57	0.1			5:45	8:18	
24	Mon	6:30	5.5	6:59	6.7	12:43	0.0	12:52	0.0	5:45	8:17	
25	Tue	7:28	5.7	7:52	6.8	1:37	-0.2	1:45	0.0	5:46	8:16	
26	Wed	8:21	5.8	8:42	6.8	2:29	-0.3	2:36	0.0	5:47	8:16	
27	Thu	9:10	5.8	9:29	6.7	3:19	-0.4	3:26	0.1	5:48	8:15	
28	Fri	9:58	5.8	10:14	6.5	4:05	-0.3	4:12	0.2	5:49	8:14	
29	Sat	10:44	5.7	10:59	6.2	4:48	-0.2	4:57	0.4	5:50	8:13	
30	Sun	11:30	5.6	11:44	5.8	5:29	-0.1	5:40	0.6	5:51	8:12	
31	Mon			12:15	5.5	6:09	0.2	6:23	0.9	5:52	8:11	