

































Rockaway Beach (inside), NY - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:29	5.5	1:01	5.4	6:48	0.4	7:09	1.1	5:53	8:09	
2	Wed	1:16	5.2	1:47	5.4	7:30	0.7	7:59	1.3	5:54	8:08	
3	Thu	2:04	4.9	2:33	5.4	8:16	0.9	8:56	1.4	5:55	8:07	
4	Fri	2:54	4.7	3:20	5.4	9:08	1.0	9:57	1.4	5:56	8:06	
5	Sat	3:46	4.6	4:09	5.4	10:04	1.1	10:55	1.3	5:57	8:05	
6	Sun	4:41	4.6	5:01	5.5	10:59	1.0	11:50	1.0	5:58	8:04	
7	Mon	5:37	4.7	5:53	5.7	11:52	0.9			5:59	8:02	
8	Tue	6:32	4.9	6:44	6.0	12:41	0.7	12:41	0.7	6:00	8:01	
9	Wed	7:22	5.1	7:32	6.3	1:30	0.4	1:30	0.5	6:01	8:00	
10	Thu	8:09	5.4	8:17	6.5	2:17	0.2	2:18	0.3	6:02	7:59	
11	Fri	8:53	5.6	9:01	6.7	3:04	0.0	3:05	0.2	6:03	7:57	
12	Sat	9:37	5.8	9:45	6.7	3:48	-0.2	3:52	0.1	6:03	7:56	
13	Sun	10:22	6.0	10:31	6.6	4:31	-0.3	4:40	0.1	6:04	7:55	
14	Mon	11:09	6.1	11:19	6.3	5:14	-0.3	5:27	0.1	6:05	7:53	
15	Tue			12:00	6.2	5:57	-0.2	6:18	0.2	6:06	7:52	
16	Wed	12:12	6.1	12:53	6.2	6:43	0.0	7:13	0.4	6:07	7:50	
17	Thu	1:09	5.8	1:49	6.2	7:34	0.2	8:15	0.6	6:08	7:49	
18	Fri	2:08	5.5	2:47	6.2	8:33	0.4	9:22	0.7	6:09	7:48	
19	Sat	3:09	5.3	3:45	6.2	9:38	0.5	10:29	0.6	6:10	7:46	
20	Sun	4:11	5.3	4:45	6.2	10:42	0.5	11:31	0.5	6:11	7:45	
21	Mon	5:14	5.3	5:45	6.3	11:41	0.4			6:12	7:43	
22	Tue	6:15	5.5	6:42	6.4	12:27	0.2	12:36	0.3	6:13	7:42	
23	Wed	7:11	5.7	7:34	6.6	1:19	0.0	1:28	0.2	6:14	7:40	
24	Thu	8:02	5.8	8:22	6.6	2:08	-0.1	2:17	0.2	6:15	7:39	
25	Fri	8:48	6.0	9:06	6.5	2:54	-0.2	3:03	0.2	6:16	7:37	
26	Sat	9:32	6.0	9:48	6.3	3:36	-0.2	3:48	0.3	6:17	7:36	
27	Sun	10:13	6.0	10:29	6.1	4:16	-0.1	4:30	0.4	6:18	7:34	
28	Mon	10:54	5.9	11:09	5.7	4:54	0.1	5:10	0.6	6:19	7:32	
29	Tue	11:34	5.7	11:51	5.4	5:31	0.3	5:50	0.9	6:20	7:31	
30	Wed			12:16	5.6	6:07	0.6	6:31	1.1	6:21	7:29	
31	Thu	12:36	5.1	12:59	5.4	6:45	0.8	7:16	1.3	6:22	7:28	