

































Rockaway Beach (inside), NY - May 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:15	5.6	7:37	6.2	1:17	0.3	1:32	-0.1	5:53	7:51	
2	Wed	8:00	5.6	8:18	6.3	2:03	0.1	2:13	0.0	5:51	7:52	
3	Thu	8:42	5.6	8:56	6.3	2:46	0.1	2:53	0.1	5:50	7:53	
4	Fri	9:23	5.5	9:33	6.2	3:27	0.1	3:32	0.2	5:49	7:54	
5	Sat	10:02	5.3	10:08	6.1	4:07	0.2	4:09	0.4	5:48	7:55	
6	Sun	10:41	5.1	10:42	5.8	4:45	0.3	4:46	0.7	5:47	7:56	
7	Mon	11:21	4.9	11:16	5.6	5:23	0.5	5:22	0.9	5:45	7:57	
8	Tue			12:04	4.7	6:01	0.7	5:58	1.1	5:44	7:58	
9	Wed			12:51	4.5	6:41	0.9	6:37	1.3	5:43	7:59	
10	Thu	12:40	5.3	1:43	4.5	7:29	1.0	7:27	1.5	5:42	8:00	
11	Fri	1:34	5.2	2:37	4.6	8:27	1.1	8:33	1.5	5:41	8:01	
12	Sat	2:32	5.2	3:31	4.8	9:31	1.0	9:45	1.4	5:40	8:02	
13	Sun	3:33	5.3	4:27	5.2	10:31	0.7	10:51	1.0	5:39	8:03	
14	Mon	4:34	5.4	5:22	5.6	11:25	0.4	11:50	0.6	5:38	8:04	
15	Tue	5:35	5.6	6:16	6.1			12:16	0.1	5:37	8:05	
16	Wed	6:34	5.8	7:08	6.6	12:46	0.1	1:05	-0.1	5:36	8:06	
17	Thu	7:30	5.9	7:58	7.0	1:40	-0.3	1:54	-0.3	5:35	8:07	
18	Fri	8:23	6.0	8:47	7.2	2:33	-0.6	2:44	-0.4	5:35	8:08	
19	Sat	9:14	6.1	9:37	7.3	3:26	-0.7	3:35	-0.4	5:34	8:09	
20	Sun	10:06	6.0	10:28	7.1	4:18	-0.8	4:26	-0.3	5:33	8:10	
21	Mon	11:00	5.8	11:21	6.8	5:09	-0.6	5:17	-0.1	5:32	8:11	
22	Tue	11:57	5.7			6:01	-0.4	6:09	0.2	5:31	8:12	
23	Wed	12:17	6.5	12:56	5.5	6:54	-0.2	7:05	0.5	5:31	8:13	
24	Thu	1:15	6.1	1:54	5.4	7:50	0.1	8:05	0.8	5:30	8:13	
25	Fri	2:13	5.9	2:51	5.4	8:48	0.2	9:09	0.9	5:29	8:14	
26	Sat	3:09	5.6	3:46	5.5	9:46	0.3	10:12	0.9	5:29	8:15	
27	Sun	4:04	5.4	4:39	5.6	10:40	0.3	11:10	0.8	5:28	8:16	
28	Mon	4:58	5.3	5:31	5.8	11:28	0.2			5:28	8:17	
29	Tue	5:52	5.3	6:19	6.0	12:02	0.7	12:13	0.2	5:27	8:18	
30	Wed	6:43	5.3	7:05	6.1	12:50	0.5	12:56	0.2	5:27	8:18	
31	Thu	7:31	5.3	7:47	6.2	1:35	0.4	1:38	0.3	5:26	8:19	