

































## Rockaway Beach (inside), NY - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:32	5.1	8:38	6.0	2:37	0.4	2:35	0.6	5:28	8:30	
2	Mon	9:14	5.0	9:16	6.0	3:21	0.4	3:18	0.7	5:29	8:29	
3	Tue	9:54	5.0	9:52	5.9	4:03	0.3	3:59	0.8	5:29	8:29	
4	Wed	10:34	4.9	10:27	5.9	4:43	0.4	4:39	0.9	5:30	8:29	
5	Thu	11:15	4.9	11:06	5.8	5:22	0.4	5:17	0.9	5:31	8:29	
6	Fri	11:58	4.9	11:49	5.7	6:00	0.4	5:57	1.0	5:31	8:28	
7	Sat			12:45	5.1	6:39	0.5	6:42	1.1	5:32	8:28	
8	Sun	12:39	5.6	1:34	5.3	7:21	0.5	7:37	1.1	5:32	8:28	
9	Mon	1:35	5.5	2:26	5.6	8:11	0.5	8:43	1.0	5:33	8:27	
10	Tue	2:34	5.4	3:21	5.9	9:09	0.5	9:54	0.8	5:34	8:27	
11	Wed	3:36	5.3	4:18	6.2	10:11	0.4	11:00	0.6	5:35	8:26	
12	Thu	4:39	5.3	5:17	6.5	11:12	0.3			5:35	8:26	
13	Fri	5:44	5.4	6:17	6.7	12:01	0.2	12:10	0.1	5:36	8:25	
14	Sat	6:46	5.5	7:15	7.0	1:00	-0.1	1:07	-0.1	5:37	8:25	
15	Sun	7:45	5.8	8:10	7.1	1:56	-0.4	2:03	-0.2	5:38	8:24	
16	Mon	8:40	5.9	9:03	7.1	2:51	-0.5	2:58	-0.3	5:38	8:24	
17	Tue	9:33	6.0	9:54	7.0	3:43	-0.6	3:51	-0.2	5:39	8:23	
18	Wed	10:25	6.0	10:44	6.8	4:33	-0.7	4:42	-0.1	5:40	8:22	
19	Thu	11:17	5.9	11:34	6.4	5:20	-0.6	5:31	0.1	5:41	8:22	
20	Fri			12:09	5.9	6:06	-0.4	6:20	0.4	5:42	8:21	
21	Sat	12:25	6.1	1:00	5.8	6:51	-0.1	7:10	0.7	5:43	8:20	
22	Sun	1:16	5.7	1:50	5.7	7:36	0.2	8:03	1.0	5:43	8:19	
23	Mon	2:07	5.3	2:38	5.7	8:24	0.5	9:00	1.1	5:44	8:18	
24	Tue	2:57	5.1	3:26	5.6	9:15	0.7	9:59	1.2	5:45	8:18	
25	Wed	3:49	4.9	4:15	5.6	10:07	0.8	10:56	1.1	5:46	8:17	
26	Thu	4:42	4.8	5:05	5.7	10:58	0.8	11:48	1.0	5:47	8:16	
27	Fri	5:37	4.8	5:56	5.7	11:48	0.8			5:48	8:15	
28	Sat	6:30	4.8	6:45	5.8	12:37	0.8	12:37	0.7	5:49	8:14	
29	Sun	7:20	5.0	7:31	5.9	1:25	0.6	1:24	0.7	5:50	8:13	
30	Mon	8:06	5.1	8:13	6.0	2:11	0.5	2:09	0.6	5:51	8:12	
31	Tue	8:49	5.2	8:52	6.1	2:55	0.3	2:54	0.6	5:52	8:11	