



## Rockaway Beach (inside), NY - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:29	5.2	9:29	6.1	3:38	0.2	3:36	0.6	5:53	8:10	☀
2	Thu	10:08	5.3	10:06	6.1	4:18	0.2	4:17	0.6	5:54	8:09	☀
3	Fri	10:48	5.4	10:45	6.0	4:56	0.2	4:58	0.7	5:55	8:07	☀
4	Sat	11:29	5.4	11:29	5.9	5:34	0.2	5:40	0.7	5:55	8:06	☀
5	Sun			12:15	5.6	6:11	0.3	6:26	0.8	5:56	8:05	☀
6	Mon	12:19	5.7	1:05	5.7	6:51	0.4	7:19	0.8	5:57	8:04	☀
7	Tue	1:15	5.5	1:59	5.9	7:39	0.5	8:23	0.9	5:58	8:03	☀
8	Wed	2:15	5.3	2:56	6.1	8:38	0.6	9:34	0.8	5:59	8:01	☀
9	Thu	3:17	5.2	3:55	6.2	9:46	0.6	10:43	0.7	6:00	8:00	☀
10	Fri	4:22	5.2	4:57	6.4	10:52	0.5	11:46	0.4	6:01	7:59	☀
11	Sat	5:27	5.3	6:00	6.6	11:54	0.3			6:02	7:58	☀
12	Sun	6:31	5.5	6:59	6.8	12:44	0.1	12:52	0.1	6:03	7:56	☀
13	Mon	7:30	5.8	7:54	7.0	1:39	-0.2	1:47	-0.1	6:04	7:55	☀
14	Tue	8:24	6.1	8:45	7.0	2:32	-0.4	2:41	-0.2	6:05	7:54	☀
15	Wed	9:14	6.2	9:33	6.9	3:21	-0.6	3:31	-0.2	6:06	7:52	☀
16	Thu	10:02	6.2	10:20	6.7	4:08	-0.6	4:20	0.0	6:07	7:51	☀
17	Fri	10:49	6.2	11:06	6.3	4:52	-0.5	5:06	0.2	6:08	7:49	☀
18	Sat	11:35	6.1	11:53	5.9	5:33	-0.2	5:51	0.4	6:09	7:48	☀
19	Sun			12:22	5.9	6:14	0.1	6:36	0.7	6:10	7:47	☀
20	Mon	12:41	5.5	1:09	5.7	6:54	0.4	7:25	1.0	6:11	7:45	☀
21	Tue	1:31	5.1	1:56	5.6	7:38	0.8	8:18	1.3	6:12	7:44	☀
22	Wed	2:22	4.9	2:45	5.5	8:28	1.0	9:18	1.4	6:13	7:42	☀
23	Thu	3:14	4.7	3:35	5.4	9:24	1.2	10:19	1.4	6:14	7:41	☀
24	Fri	4:09	4.6	4:27	5.4	10:22	1.2	11:16	1.2	6:15	7:39	☀
25	Sat	5:05	4.7	5:21	5.5	11:17	1.1			6:16	7:38	☀
26	Sun	6:00	4.8	6:13	5.7	12:08	1.0	12:09	1.0	6:17	7:36	☀
27	Mon	6:52	5.0	7:01	5.9	12:56	0.7	12:57	0.8	6:18	7:34	☀
28	Tue	7:39	5.3	7:45	6.1	1:42	0.5	1:43	0.6	6:19	7:33	☀
29	Wed	8:21	5.5	8:26	6.3	2:26	0.2	2:29	0.5	6:20	7:31	☀
30	Thu	9:01	5.7	9:05	6.3	3:08	0.1	3:13	0.4	6:21	7:30	☀
31	Fri	9:40	5.9	9:44	6.3	3:48	0.0	3:56	0.3	6:22	7:28	☀