

































## Rockaway Beach (inside), NY - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:17	5.5	9:53	4.6	3:17	0.2	3:58	0.1	7:18	4:38	
2	Thu	9:54	5.2	10:35	4.5	3:56	0.4	4:36	0.2	7:18	4:39	
3	Fri	10:31	5.0	11:19	4.4	4:34	0.6	5:13	0.4	7:18	4:40	
4	Sat	11:11	4.8			5:13	0.8	5:51	0.5	7:18	4:41	
5	Sun	12:04	4.3	11:56 AM	4.6	5:56	1.0	6:33	0.6	7:18	4:42	
6	Mon	12:51	4.4	12:48	4.5	6:49	1.1	7:22	0.7	7:18	4:43	
7	Tue	1:39	4.5	1:44	4.4	7:55	1.1	8:21	0.7	7:18	4:44	
8	Wed	2:30	4.8	2:44	4.3	9:04	0.9	9:21	0.7	7:18	4:45	
9	Thu	3:23	5.1	3:46	4.4	10:07	0.6	10:18	0.4	7:18	4:46	
10	Fri	4:19	5.4	4:48	4.6	11:05	0.2	11:13	0.2	7:18	4:47	
11	Sat	5:17	5.8	5:47	4.8			12:00	-0.2	7:17	4:48	
12	Sun	6:12	6.2	6:41	5.1	12:05	-0.2	12:53	-0.5	7:17	4:49	
13	Mon	7:05	6.5	7:33	5.4	12:58	-0.5	1:46	-0.8	7:17	4:50	
14	Tue	7:55	6.7	8:23	5.6	1:50	-0.7	2:36	-1.0	7:16	4:51	
15	Wed	8:45	6.8	9:13	5.7	2:41	-0.8	3:25	-1.1	7:16	4:52	
16	Thu	9:35	6.6	10:05	5.7	3:32	-0.8	4:13	-1.1	7:16	4:53	
17	Fri	10:26	6.3	10:58	5.7	4:22	-0.7	5:00	-0.9	7:15	4:55	
18	Sat	11:19	6.0	11:53	5.6	5:14	-0.4	5:48	-0.7	7:15	4:56	
19	Sun			12:14	5.5	6:08	-0.1	6:38	-0.4	7:14	4:57	
20	Mon	12:47	5.5	1:10	5.2	7:07	0.2	7:33	-0.1	7:13	4:58	
21	Tue	1:42	5.4	2:07	4.8	8:12	0.5	8:31	0.1	7:13	4:59	
22	Wed	2:36	5.3	3:05	4.6	9:18	0.5	9:29	0.3	7:12	5:00	
23	Thu	3:31	5.3	4:04	4.5	10:18	0.4	10:25	0.3	7:12	5:02	
24	Fri	4:27	5.3	5:03	4.6	11:13	0.3	11:16	0.2	7:11	5:03	
25	Sat	5:22	5.3	5:57	4.7			12:04	0.2	7:10	5:04	
26	Sun	6:14	5.4	6:46	4.8	12:05	0.2	12:51	0.1	7:09	5:05	
27	Mon	7:00	5.5	7:30	4.9	12:51	0.1	1:35	0.0	7:08	5:06	
28	Tue	7:41	5.6	8:12	5.0	1:35	0.0	2:17	-0.1	7:08	5:08	
29	Wed	8:20	5.6	8:51	5.0	2:17	0.0	2:56	-0.1	7:07	5:09	
30	Thu	8:55	5.5	9:28	4.9	2:57	0.1	3:33	-0.1	7:06	5:10	
31	Fri	9:29	5.3	10:05	4.8	3:35	0.2	4:08	0.0	7:05	5:11	