

































## Rockaway Beach (inside), NY - Jul 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:07	6.1	1:47	5.9	7:40	-0.2	8:01	0.6	5:28	8:30	
2	Wed	2:03	5.9	2:42	6.0	8:34	-0.1	9:06	0.7	5:29	8:29	
3	Thu	2:59	5.6	3:36	6.1	9:30	0.0	10:11	0.7	5:29	8:29	
4	Fri	3:56	5.4	4:29	6.2	10:25	0.1	11:12	0.6	5:30	8:29	
5	Sat	4:54	5.3	5:24	6.3	11:19	0.2			5:30	8:29	
6	Sun	5:53	5.2	6:17	6.3	12:08	0.4	12:10	0.2	5:31	8:29	
7	Mon	6:50	5.2	7:09	6.3	1:00	0.3	1:00	0.3	5:31	8:28	
8	Tue	7:43	5.2	7:57	6.3	1:50	0.2	1:49	0.4	5:32	8:28	
9	Wed	8:32	5.3	8:43	6.3	2:39	0.2	2:36	0.4	5:33	8:28	
10	Thu	9:18	5.2	9:25	6.1	3:25	0.2	3:21	0.5	5:33	8:27	
11	Fri	10:02	5.2	10:06	6.0	4:09	0.2	4:05	0.6	5:34	8:27	
12	Sat	10:46	5.1	10:46	5.8	4:49	0.3	4:47	0.8	5:35	8:26	
13	Sun	11:30	5.0	11:26	5.5	5:28	0.4	5:27	1.0	5:36	8:26	
14	Mon			12:14	5.0	6:05	0.5	6:08	1.2	5:36	8:25	
15	Tue	12:06	5.3	12:58	5.0	6:42	0.7	6:51	1.3	5:37	8:25	
16	Wed	12:48	5.1	1:41	5.0	7:20	0.8	7:39	1.5	5:38	8:24	
17	Thu	1:34	4.9	2:25	5.1	8:01	0.9	8:35	1.5	5:39	8:23	
18	Fri	2:24	4.8	3:10	5.3	8:51	1.0	9:38	1.4	5:40	8:23	
19	Sat	3:18	4.7	3:58	5.5	9:47	1.1	10:40	1.2	5:40	8:22	
20	Sun	4:16	4.6	4:50	5.7	10:45	1.0	11:39	0.9	5:41	8:21	
21	Mon	5:17	4.7	5:46	6.0	11:41	0.8			5:42	8:20	
22	Tue	6:17	4.9	6:43	6.3	12:35	0.5	12:35	0.6	5:43	8:20	
23	Wed	7:15	5.1	7:37	6.7	1:29	0.2	1:29	0.4	5:44	8:19	
24	Thu	8:09	5.4	8:29	6.9	2:22	-0.1	2:22	0.1	5:45	8:18	
25	Fri	9:00	5.7	9:19	7.0	3:14	-0.3	3:15	0.0	5:46	8:17	
26	Sat	9:50	5.9	10:09	7.0	4:03	-0.5	4:08	-0.1	5:47	8:16	
27	Sun	10:42	6.1	11:00	6.8	4:51	-0.6	4:59	-0.1	5:48	8:15	
28	Mon	11:34	6.2	11:52	6.5	5:38	-0.6	5:51	0.0	5:48	8:14	
29	Tue			12:28	6.2	6:24	-0.5	6:44	0.3	5:49	8:13	
30	Wed	12:46	6.1	1:22	6.2	7:12	-0.3	7:41	0.5	5:50	8:12	
31	Thu	1:42	5.8	2:16	6.2	8:03	0.0	8:43	0.7	5:51	8:11	