

































Rockaway Beach (inside), NY - Jan 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:56	5.6	6:23	4.7			12:33	-0.1	7:18	4:38	
2	Fri	6:42	5.9	7:10	4.9	12:37	0.1	1:22	-0.3	7:18	4:39	
3	Sat	7:27	6.1	7:54	5.0	1:23	-0.1	2:09	-0.5	7:18	4:40	
4	Sun	8:12	6.3	8:39	5.1	2:09	-0.2	2:56	-0.6	7:18	4:41	
5	Mon	8:57	6.3	9:25	5.2	2:55	-0.3	3:42	-0.6	7:18	4:42	
6	Tue	9:44	6.2	10:15	5.2	3:42	-0.3	4:27	-0.6	7:18	4:43	
7	Wed	10:34	6.0	11:09	5.3	4:30	-0.2	5:13	-0.5	7:18	4:44	
8	Thu	11:28	5.7			5:21	0.0	6:01	-0.4	7:18	4:45	
9	Fri	12:05	5.3	12:25	5.4	6:19	0.2	6:54	-0.2	7:18	4:46	
10	Sat	1:02	5.4	1:24	5.1	7:23	0.4	7:52	-0.1	7:18	4:47	
11	Sun	1:59	5.5	2:24	4.9	8:34	0.4	8:53	0.0	7:17	4:48	
12	Mon	2:56	5.5	3:26	4.8	9:41	0.3	9:54	0.0	7:17	4:49	
13	Tue	3:55	5.6	4:28	4.8	10:43	0.2	10:50	-0.1	7:17	4:50	
14	Wed	4:53	5.7	5:28	4.8	11:39	0.0	11:43	-0.1	7:16	4:51	
15	Thu	5:50	5.8	6:24	5.0			12:31	-0.2	7:16	4:52	
16	Fri	6:41	5.9	7:14	5.1	12:34	-0.2	1:21	-0.3	7:16	4:53	
17	Sat	7:29	5.9	8:00	5.1	1:22	-0.2	2:07	-0.3	7:15	4:54	
18	Sun	8:12	5.9	8:43	5.1	2:07	-0.2	2:51	-0.3	7:15	4:55	
19	Mon	8:53	5.8	9:25	5.0	2:51	-0.1	3:31	-0.3	7:14	4:57	
20	Tue	9:33	5.6	10:07	4.9	3:32	0.0	4:09	-0.1	7:14	4:58	
21	Wed	10:12	5.3	10:49	4.8	4:11	0.2	4:45	0.0	7:13	4:59	
22	Thu	10:51	5.0	11:32	4.7	4:51	0.4	5:20	0.2	7:12	5:00	
23	Fri	11:32	4.7			5:31	0.7	5:56	0.4	7:12	5:01	
24	Sat	12:15	4.7	12:16	4.4	6:15	0.9	6:35	0.6	7:11	5:03	
25	Sun	12:59	4.6	1:06	4.2	7:08	1.0	7:23	0.8	7:10	5:04	
26	Mon	1:45	4.7	2:00	4.1	8:11	1.1	8:24	0.9	7:09	5:05	
27	Tue	2:35	4.7	2:59	4.1	9:17	0.9	9:28	0.9	7:09	5:06	
28	Wed	3:30	4.9	4:00	4.1	10:19	0.7	10:26	0.7	7:08	5:07	
29	Thu	4:28	5.1	5:01	4.3	11:16	0.4	11:21	0.4	7:07	5:09	
30	Fri	5:25	5.5	5:57	4.6			12:09	0.0	7:06	5:10	
31	Sat	6:19	5.9	6:49	5.0	12:12	0.1	1:01	-0.3	7:05	5:11	