

Rockaway Beach (inside), NY - Jan 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:22	5.4	4:48	4.7	11:05	0.2	11:14	0.1	7:18	4:38	
2	Mon	5:17	5.8	5:45	4.9	11:58	-0.2			7:18	4:39	
3	Tue	6:10	6.2	6:38	5.2	12:05	-0.2	12:50	-0.5	7:18	4:40	
4	Wed	7:01	6.5	7:28	5.5	12:56	-0.5	1:40	-0.8	7:18	4:41	
5	Thu	7:50	6.7	8:16	5.8	1:47	-0.7	2:29	-1.0	7:18	4:42	
6	Fri	8:38	6.7	9:05	5.9	2:37	-0.9	3:17	-1.1	7:18	4:43	
7	Sat	9:27	6.6	9:56	5.9	3:27	-0.9	4:04	-1.1	7:18	4:44	
8	Sun	10:17	6.3	10:49	5.9	4:17	-0.8	4:51	-1.0	7:18	4:45	
9	Mon	11:11	6.0	11:43	5.8	5:08	-0.5	5:39	-0.8	7:18	4:46	
10	Tue			12:07	5.6	6:03	-0.2	6:31	-0.5	7:18	4:47	
11	Wed	12:39	5.7	1:04	5.2	7:03	0.1	7:27	-0.2	7:17	4:48	
12	Thu	1:35	5.6	2:03	5.0	8:08	0.3	8:28	0.0	7:17	4:49	
13	Fri	2:32	5.5	3:02	4.8	9:15	0.4	9:28	0.1	7:17	4:50	
14	Sat	3:29	5.4	4:02	4.7	10:17	0.3	10:25	0.1	7:16	4:51	
15	Sun	4:27	5.4	5:01	4.8	11:12	0.1	11:18	0.0	7:16	4:52	
16	Mon	5:23	5.5	5:55	4.9			12:03	0.0	7:16	4:53	
17	Tue	6:14	5.6	6:45	5.1	12:06	-0.1	12:50	-0.2	7:15	4:54	
18	Wed	7:00	5.7	7:29	5.2	12:52	-0.2	1:34	-0.3	7:15	4:56	
19	Thu	7:41	5.8	8:11	5.2	1:37	-0.2	2:15	-0.3	7:14	4:57	
20	Fri	8:20	5.7	8:50	5.2	2:19	-0.2	2:54	-0.3	7:14	4:58	
21	Sat	8:57	5.5	9:28	5.2	2:59	-0.1	3:31	-0.2	7:13	4:59	
22	Sun	9:32	5.3	10:05	5.0	3:37	0.0	4:06	-0.1	7:12	5:00	
23	Mon	10:06	5.1	10:42	4.9	4:15	0.2	4:39	0.1	7:12	5:01	
24	Tue	10:41	4.9	11:20	4.8	4:51	0.4	5:11	0.3	7:11	5:03	
25	Wed	11:21	4.7			5:29	0.6	5:44	0.5	7:10	5:04	
26	Thu	12:02	4.8	12:09	4.5	6:13	0.7	6:23	0.7	7:09	5:05	
27	Fri	12:49	4.8	1:05	4.3	7:10	0.9	7:20	0.8	7:09	5:06	
28	Sat	1:43	4.9	2:07	4.3	8:22	0.8	8:34	0.8	7:08	5:07	
29	Sun	2:42	5.1	3:12	4.4	9:34	0.6	9:44	0.6	7:07	5:09	
30	Mon	3:45	5.3	4:17	4.6	10:37	0.3	10:46	0.2	7:06	5:10	
31	Tue	4:48	5.7	5:19	4.9	11:34	-0.1	11:43	-0.2	7:05	5:11	