

Rockaway Beach (inside), NY - Mar 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:23	6.1	5:54	5.7			12:03	-0.5	6:27	5:47	
2	Fri	6:21	6.4	6:48	6.2	12:19	-0.5	12:54	-0.9	6:25	5:48	
3	Sat	7:13	6.7	7:39	6.7	1:13	-0.9	1:43	-1.2	6:24	5:49	
4	Sun	8:03	6.7	8:27	6.9	2:05	-1.1	2:31	-1.3	6:22	5:50	
5	Mon	8:51	6.6	9:14	6.9	2:55	-1.1	3:17	-1.2	6:20	5:51	
6	Tue	9:40	6.3	10:02	6.7	3:44	-1.0	4:02	-1.0	6:19	5:53	
7	Wed	10:30	6.0	10:51	6.4	4:32	-0.7	4:47	-0.6	6:17	5:54	
8	Thu	11:22	5.6	11:42	6.0	5:20	-0.3	5:34	-0.2	6:16	5:55	
9	Fri			12:17	5.2	6:12	0.1	6:24	0.3	6:14	5:56	
10	Sat	12:36	5.6	1:14	4.9	7:09	0.5	7:21	0.7	6:13	5:57	
11	Sun	1:32	5.3	3:11	4.7	9:13	0.8	9:24	0.9	7:11	6:58	
12	Mon	3:29	5.1	4:09	4.7	10:18	0.8	10:28	0.9	7:09	6:59	
13	Tue	4:27	5.0	5:07	4.8	11:16	0.7	11:25	0.8	7:08	7:00	
14	Wed	5:25	5.0	6:03	5.0			12:07	0.5	7:06	7:01	
15	Thu	6:19	5.2	6:53	5.3	12:17	0.6	12:52	0.3	7:04	7:02	
16	Fri	7:07	5.3	7:38	5.5	1:04	0.4	1:34	0.1	7:03	7:03	
17	Sat	7:51	5.4	8:18	5.7	1:49	0.2	2:15	0.0	7:01	7:04	
18	Sun	8:30	5.5	8:55	5.8	2:32	0.1	2:53	-0.1	6:59	7:06	
19	Mon	9:06	5.5	9:29	5.9	3:13	0.0	3:30	0.0	6:58	7:07	
20	Tue	9:41	5.4	10:01	5.8	3:52	0.0	4:06	0.1	6:56	7:08	
21	Wed	10:15	5.3	10:33	5.8	4:29	0.0	4:39	0.3	6:55	7:09	
22	Thu	10:50	5.1	11:07	5.7	5:06	0.1	5:10	0.4	6:53	7:10	
23	Fri	11:29	5.0	11:47	5.6	5:44	0.3	5:42	0.6	6:51	7:11	
24	Sat			12:17	4.8	6:25	0.4	6:18	0.7	6:50	7:12	
25	Sun	12:37	5.6	1:15	4.7	7:15	0.6	7:09	0.9	6:48	7:13	
26	Mon	1:38	5.5	2:18	4.7	8:21	0.7	8:25	1.0	6:46	7:14	
27	Tue	2:43	5.5	3:23	4.9	9:35	0.6	9:48	0.8	6:45	7:15	
28	Wed	3:49	5.6	4:28	5.2	10:42	0.4	11:00	0.5	6:43	7:16	
29	Thu	4:55	5.8	5:32	5.6	11:42	0.0			6:41	7:17	
30	Fri	5:59	6.0	6:31	6.2	12:03	0.1	12:36	-0.4	6:40	7:18	
31	Sat	6:58	6.3	7:25	6.6	1:00	-0.4	1:27	-0.7	6:38	7:19	